

PERSONAL WELLNESS - (708) 599-2070

Glowing Skin Spa

Indulge in 3 top spa treatments at a price you can afford! If you are looking for affordable, effective alternatives to pricey spa treatment, this workshop is for you! Cleanse your face with skincare targeted for the age of your skin, then experience a microderm abrasion treatment that can be done at home to improve softness, tone, and clarity. Follow with a breakthrough treatment in skin rejuvenation that rivals line-relaxing injections. Finish by sampling a chemical peel for more radiant-looking skin (demo done on one hand). Please bring a towel and something to hold hair away from the face.

Code: WRK100F08
Location: Newcastle Park Recreation Center
Day/Date: Wednesday, September 17
Time: 7:00-8:00 p.m.
Age: 18 years & up
Limit: Min. 3/Max. 10
Fee: \$10 per person



All Clear® About Acne!

Do you struggle with treating blemishes and preventing their return? This class will teach you some basics about your skin, how it works, and what you can do to help promote clearer-looking skin. You'll leave with a new outlook on skin care - whether you're a teenager or adult. Please bring a towel.

Code: WRK101F08
Location: Newcastle Park Recreation Center
Day/Date: Wednesday, October 1
Time: 7:00-8:00 p.m.
Age: 12 years & up
Limit: Min. 3/Max. 10
Fee: \$10 per person

Soak & Sample Spa

Join us for an hour of spa sampling! When was the last time you treated yourself to a relaxing foot soak? Choose your favorite bath mineral and enjoy a footsoak on the spot! Sample a variety of spa treatments on your lower legs and feet including an organic enzyme body masque, two sugar-based product lines, and more. Please dress comfortably and bring a towel.

NOTE: Different products than those sampled in July '08.

Code: WRK103F08
Location: Newcastle Park Recreation Center
Day/Date: Wednesday, November 5
Time: 7:00-8:00 p.m.
Age: 18 years & up
Limit: Min. 3/Max. 10
Fee: \$10 per person

Spa la-la-la-la Holiday Escape

Rejuvenate yourself at this 30-minute "express" spa experience! Slow down for some head-to-toe pampering that will leave you relaxed and refreshed as we head into the holiday season. We will melt away the stress by pampering our lips, eyes, hands, and feet. Guests will have the opportunity to shop for holiday spa gift packages afterwards. Dress comfortably, and please bring a towel.

Code: WRK104F08
Location: Newcastle Park Recreation Center
Day/Date: Wednesday, December 3
Time: 7:00-8:00 p.m.
Age: 18 years & up
Limit: Min. 3/Max. 10
Fee: \$10 per person

