

Fall 2013

Fun Guide Burbank 2013

Resident
Registration
Begins
Tuesday,
Sept. 3

Where
Fitness
& Recreation
Become
One!



www.burbankparkdistrict.org

Grand Opening **Saturday, September 7** **10:00 AM**



“Where Fitness and Recreation Become One!”

WHAT'S IN THE FUSION RECPLEX

- Spin Classes
- Zumba
- Yoga
- TRX Classes
- Personal Training
- Pilates
- Sport Specific Training
- Volleyball Leagues
- Sports Massages
- Kettlebell Training
- Functional Training
- Commotion
- Strength & Core
- Health/Wellness Seminars
- Core Conditioning
- Fusion Fire
- Basketball Program
- Gymnastics Program
- Room Rentals
- Hydro massages

See Promo Rates on Page 5

Please visit our website at www.BurbankParkDistrict.org
to see developing construction pictures.

What's Been Happening at the Burbank Park District

It has finally become a reality! After 3 years of planning and construction, the Burbank Park District is proud to present the community of Burbank the "Fusion RecPlex!" The 37,000 s.f. Fusion RecPlex boasts a first-class top of the line 4,500 s.f. Fitness Center. Equipped with (12) LifeFitness/Precor treadmills, (26) cardio pieces, (17) Signature LifeFitness strength machines, (5) Freemotion machines, (3) plate loaded LifeFitness strength machines and Hammer strength free weight area. The Center also has a (17) Keiser Bike Spin Studio, (1,000 s.f.) Personal Training Studio, three-lane 1/16 mile suspended walking track, Kidszone service, men's & women's locker rooms, each equipped with lockers, four showers, steam room and TV's. The Fusion RecPlex will have two areas to socialize with vending options and 40" Samsung TV's for your enjoyment. We will have three multi-purpose rooms for group exercising, seminars and rentals. Our Fusion RecPlex will have a full-size gymnasium that can be split in two courts for basketball, volleyball and gymnastics. Other added services will be hydro-massage and a variety of massages in our three private rooms. The facility will have free wi-fi access throughout.

People, this is truly an amazing facility, with a great staff to take care of your needs. It is a must see!!!

How did our community get such a great building?

We have a great support team. Former Senator Louis Viverito, Mayor Harry Klein and Committeeman Michael Looney helped secure grant money and get us through the zoning process. Our five (5) Board of Commissioners (Carol Opitz, Ed Krupa, Monika Leffers, Ted Arnold and Mary Faley) have allowed the Park District to expand the original budget, making the Fusion RecPlex the crown jewel of Burbank.

Can I sign up right now?

Absolutely!! As a matter of fact, we are offering a promo rate until October 7th. See page 5 for more information

What should I expect at the Fusion RecPlex?

This will be a place where you can do it all from getting fit...to socializing...to recreating...all at one stop. A place "where fitness and recreation become one!" There will be something for everyone.

Thanks for all your support and enjoy your new experience at the Burbank Park District Fusion RecPlex.

Bill Olsen
Executive Director

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Russian Kettlebell Starter Training Package		Mini-Baseball Camp	
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Burbank Park District Welcomes You!

Board of Commissioners

Carol Opitz.....	President
Edwin Krupa.....	Vice-President
Mary Faley.....	Treasurer
Ted Arnold.....	Commissioner
Monika Zielinski-Leffers.....	Commissioner

The Park District Board of Commissioners meets on the second Wednesday of each month at 6:30 p.m. at the Fusion RecPlex, 6100 W. 8th Street, Burbank, Illinois 60459. Parties interested in being placed on the agenda must notify the office manager before 3:00 p.m. on the Friday before the board meeting.

Special Note

The Park District Administration Offices will be closed on:

September 2	Labor Day	Monday
October 14	Columbus Day	Monday
November 11	Veteran's Day	Monday
November 28	Thanksgiving Day	Thursday
November 29	Thanksgiving Holiday	Friday
December 24	Christmas Eve (1/2 day)	Tuesday
December 25	Christmas Day	Wednesday
December 31	New Year's Eve (1/2 day)	Tuesday
January 1	New Year's Day	Wednesday

Park District Staff

Bill Olsen.....	Executive Director
Scott Piwowarczyk, CPRP*.....	Recreation Director
Ryan Oleszkiewicz.....	Fusion Facility Manager
Meghan Giera.....	Fusion Fitness Director
Beth Nagel, CPRP*.....	Fusion Program Manager
Michele Ritacco.....	Office/Recreation Staff
Julie Court.....	Office Manager
Lisa Code.....	Preschool Coordinator
Phyllis Nagel.....	Office Staff
Karen Pacer.....	Office Staff
Chuck Black.....	Maintenance Crew Chief
Gary Delmagori.....	Fusion RecPlex Building Maintenance

*CPRP - Certified Park & Recreation Professional

Fusion RecPlex Hours

6100 W. 85th Street
Monday-Friday: 6:00 a.m.-10:00 p.m.
Saturday & Sunday: 7:00 a.m.-8:00 p.m.
Phone#: 708-599-FUSE (3873)

Newcastle Office Hours

8050 S. Newcastle
Monday-Friday: 9:00 a.m.-5:00 p.m. • Saturday: 9:00 a.m.-Noon
Phone#: 708-599-2070 • Fax #: 708-599-2063

REGISTRATION — Residents: Tuesday, September 3 • Non-Residents: Monday, September 9

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Easy Ways to
Register
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Take Time for Fun!

The Benefits Are Endless

SEE REGISTRATION INFORMATION & SCHEDULES ON PAGE 42!

Fitness Center Rules

- Always check in at the front desk.
- **No children under the age of 13 may access the fitness center or track without personal trainer supervision.**
- Proper attire required - **no sandals or jeans!**
- Wipe down your equipment after use.
- Return all equipment after each use.
- Be courteous to others; please share equipment and allow others to use equipment during rest periods.
- Do not remove equipment from the fitness center.
- Limit cardio equipment usage to thirty minutes during busy hours.
- Do not “bang” or drop dumbbells.
- No chalk usage
- Only water and sports drinks in containers with tops are allowed.
- No bags, purses, coats, etc.
- Fitness floor staff are available to help with any questions.

Walking Track

Our beautiful three-lane (1/16 mile) track is available daily or with our annual membership.

ANNUAL	DAILY
Resident - \$25	\$3 - Resident
Non-Resident - \$35	\$6 - Non-Resident
Fusion Member - Free	

Kidszone

The Fusion RecPlex offers a great place where your children can be dropped off while you achieve your fitness goals. Child must be 6 months old. Parents must sign-in and out with a one hour minimum and two hour maximum. Parent cannot leave facility.

HOURS

Monday - Friday	08:00A-Noon 04:00P-08:30P
Saturday	08:00A-Noon
Sunday	Closed

FEES

\$10 unlimited monthly - Fusion Member only
\$2 per hour - Fusion Member
\$3 per hour - Non-Member
*Kidszone is for children 6 months-12 years

Daily Fees

FITNESS CENTER:	AGE	RES	NR
	13-17 yrs.	\$5	\$10
	18 yrs. & up	\$8	\$15
	62 yrs. +	\$4	\$8
OPEN GYM SCHEDULE:	DAY	TIME	AGE
	Friday	06:00P-10:00P	14 yrs. & under
	Saturday	05:00P-09:00P	All Ages
	Sunday	Noon-05:00P	All Ages

NOTE: Open gym times are subject to availability. Check our website or the Fusion RecPlex offices for an up to date schedule.

FEE:	AGE	RES	NR
	17 yrs. & under	\$3	\$6
	18 yrs. & up	\$5	\$10
	62 yrs. +	\$4	\$8

***NOTE:** You must be 11 yrs. and up to enter gym with no adult. All players under 18 yrs. must have parent sign-off on waiver.

Personal Training

ONE-ON-ONE PERSONAL TRAINING

Achieve great results with the guidance of a personal trainer. With certified fitness professionals, members can create a personal workout strategy based on individual goals. The program begins with a fitness assessment, measurements, movement analysis, nutritional guidance and program development.

SESSION	FEE
1-9 sessions	\$42
10-24 sessions	\$37
25+ sessions	\$35

SMALL GROUP TRAINING

Small group training offers the accountability and personal attention many need to stick with a fitness program. Group training fees are 50 percent less than one-on-one personal training and consist of between 4-8 participants per group. It's a great way to build camaraderie with your fellow participants, while having the guidance and motivation of a personal trainer.

SESSION	FEE
1-9 sessions	\$19
10-24 sessions	\$17
25+ sessions	\$15



**Don't just train your muscles
Train your movements.**

5 Session TRX Starter Training Package

The most complete and versatile piece of gym equipment is your own body weight! Using your body and gravity as your best tools, TRX workouts deliver quick, effective total body fitness! Fast paced, and easily adaptable movements will help you strengthen every muscle in your body, while sculpting your core and scorching calories. Try this fun, new workout to help you compliment your body.!

5 HOUR SESSIONS	5 GROUP TRAINING SESSIONS
\$185 - 10% SAVINGS	\$80

**Each one-on-one specialty session package will include a fitness assessment, measurements and an easy to follow workout plan.

Fitness Center

Fusion RecPlex Massage Packages

Massage is a great way to relieve stress and soothe aching muscles. Fusion RecPlex has a number of trained massage therapists ready to help you recover, relax and renew your senses. Browse the different types of massage packages and prices in the tables below.

PRENATAL

Designed to ease some of the stress put on the body due to pregnancy, this gentle massage provides relaxation & helps reduce swelling. Prenatal massage can be safely performed throughout each trimester with a doctor's note. Light to medium pressure.

SWEDISH

This classic form of fully body massage relaxes the body and mind, improves muscle tone and stimulates circulation. Light pressure.

Pricing info for Prenatal and Swedish Massage

SESSIONS	60 MIN.	90 MIN.
1	\$65/\$70	\$95/\$106
2	\$125/\$135	\$185/\$195
3	\$245/\$255	\$275/\$285

DEEP TISSUE

A more intense massage, deep tissue releases chronic areas of tension in the body through slow strokes and direct pressure. Deep tissue massage is excellent for relieving tension, tightness and muscle pain. Medium to deep pressure.

SPORTS

Similar to deep tissue but with added stretching, sports massage focuses on the muscles utilized in your specific sport. Can be customized for pre-event, post-event or maintenance training to improve performance, prevent injury and reduce recover time. Medium to deep pressure.

Pricing info for Deep Tissue and Sports Massage

SESSIONS	60 MIN.	90 MIN.
1	\$65/\$70	\$95/\$106
2	\$125/\$135	\$185/\$195
3	\$245/\$255	\$275/\$285

Fusion Fitness Assessment

Kick start your new workout routine with a Fusion Fitness Assessment. We will help you set up an obtainable goals timeline, do your initial measurements, review your nutrition habits, analyze your movement patterns and find out your cardiovascular guidelines. After getting to know your exercise history, we will hit our beautiful new fitness floor for a fun, fast-paced workout. The Fusion Fitness Assessment is a great way to jump back into your workouts, regardless if you are a seasoned veteran, have been taking time off, or are brand new to exercise. If you are a Fusion member, this fantastic opportunity is already built in as a part of your membership!

Youth Weight Floor Introductory Program

The Youth Weight Floor Introductory Program allows 13 to 15 year old members access to the weight floor without a parent present. The participant must attend one Fitness Assessment, one FreeMotion Functional Clinic and one Free Weight and Cardio session led by a certified personal trainer. Testing information is given to the participant at the time of enrollment. A test is given at the end of the program. (3 appointments)

FEE

\$35

5 Session

Russian Kettlebell Starter Training Package

Build a foundation for insane strength gains, intense cardio, proper body mechanics and flexibility with kettlebell training. Whether you are a beginner to kettlebell training or have checked it out before, our certified kettlebell professionals will help you perfect technique from the ground up. Learn the skills to help you on your way to proficiency in one of the most popular and complete workout trends around.

5 HOUR SESSIONS

\$185 - 10% SAVINGS

5 GROUP TRAINING SESSIONS

\$80

**Each one-on-one specialty session package will include a fitness assessment, measurements and an easy to follow workout plan.

HydroMassage

THE BEST DAILY MASSAGE



- Relieve arthritis
- Relieve muscle soreness
- Decrease general pain
- Increase flexibility
- Speed-up recovery
- Increase circulation
- Private setting

Fusion Member \$8 - 30 minutes

Non-Member \$15 - 30 minutes

Group Exercises Classes at the Fusion RecPlex...

- **Fusion Fitness Center Members** - Included in your membership
- **Non-Members** - Access to classes through our Group Exercise Punch Cards.

Group Exercise Punch Cards

The Fusion RecPlex offers a variety of group exercising programs for your enjoyment. Your punch card will be good for all classes showing our Fusion Ball next to it. This will allow you to try multiple classes and times.



OPTIONS	FUSION MEMBERS AND SENIORS	NON-MEMBERS
Single Card	\$6	\$8
10 Punch Card	\$50	\$70
20 Punch Card	\$90	\$110

- Visit the Fusion RecPlex for a complete schedule of classes.

Boot Camp

A high intensity interval class that mixes cardiovascular and body weight exercises with plyometrics and strength training. This boot camp class is designed in a way to increase muscle confusion and push your body to new personal records each time. Our instructors will push you with a drill sergeant intensity, while encouraging you to complete your most challenging workouts ever. This high intensity challenge will be the most fun you can have while sweating!



Vinyasa Flow Yoga

Vinyasa literally means "breath-synchronized movement". This class is a series of poses that will energize your body's own rhythm. Vinyasa movements are gentle and flow smoothly. This class will help calm your mind, regulate your body's energy flow and help to rejuvenate your muscles.



Power Yoga

This "powerful" yoga discipline is more challenging and faster paced than a traditional yoga class. With more focus on strength and athleticism, you will see your fitness level increase drastically!



Core-Commotion

The core of our body is the physical foundation for every movement we do. This class will not only help you on your way to that great looking 6-pack, but will also help with injury prevention and body stability. The focus will be on the abdominal muscles, as well as back muscles, and muscular slings used in functional movement. Hip and glute work also protect your spine and promote better body mechanics and balance. This class will have you feeling ab-tastic!



Interval Training

This class is based on the HIIT (high-intensity interval training) strategy of exercise. You will go through a series of cardio and strength training exercises to crank up your heart rate, followed by brief rest intervals. These intense workouts provide improved athletic capacity, cardiovascular conditioning, and improved fat burning. The class is fast-paced and offers variety, to ensure dramatic results in a short period of time!



Pure Strength

Work your muscles in a variety of ways by utilizing sculpting exercises designed to tighten and tone. You'll feel the burn from head to toe while using a combination of hand weights, stability balls and bands.



Adult Fitness

Cardio Kickboxing

The high intensity workout is kickboxing sport specific with an athletic based cardio and strength based component. With focuses on endurance, strength and flexibility, you'll have a terrific high caloric burn.



Spin

This indoor cycling class will increase cardiovascular endurance and give you a great caloric burn. With fun, fast-paced music and boisterous instructor encouragement, you'll have a great time and a great sweat. Feel free to bring a padded seat cover or wear padded cycling shorts for comfort. Water bottle and towel required. **(This class is not included in your membership or punch card. An additional fee is required.)**

Small Group Kettlebell

This small group class is designed to build strength and endurance by utilizing all the traditional Russian kettlebell exercises. With a unique blend of plyometrics, strength, cardio and mobility, you can burn calories and take your fitness level through the roof! **(This class is not included in your membership or punch card. An additional fee is required.)**



Pilates

This workout is based on techniques developed by Joseph Pilates which includes concentrated work on core strength, body alignment and muscular balance. The overall goal of Pilates is to lengthen and tone the muscles of the core without adding bulk. This is a fantastic class to help you achieve that lean, "dancer's body" look.



Piloxing®

Piloxing combines high-intensity boxing and Pilates to blast calories, tone your muscles and strengthen your core. All of the great benefits of pilates, combined with the high-intensity cardio workout of boxing.



Zumba®

Zumba incorporates aerobic interval training by featuring easy to follow dance steps to tone and sculpt the body. You'll learn a variety of dance rhythms and fun dance moves, while blasting away calories!



Zumba Toning®

Zumba Toning® combines targeting body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. Students learn how to use light hand weights and to enhance rhythm and tone all their target zones, including arms, abs, glutes and thighs. This class is the perfect way for cardio enthusiasts to sculpt their bodies naturally while having a total blast.



Create-a-class

Do you have an idea for a class/program you would like to see offered by the Burbank Park District? Better yet, do you have a special interest or talent you would like to share with others? The Burbank Park District is looking for new program ideas and local "bidden" talent to teach or lead various recreational classes. We are always looking for new instructors with creative ideas. If you have a particular interest or talent and are willing to lead activities; or if you have a suggestion for a new program, please fill out this form and return it to our registration office.

Name _____
 Address _____
 City / State / Zip _____
 Daytime Phone _____ Evening Phone _____
 I would like to see the following programs offered*: _____

 I would like to Teach/Share information on the following subject: _____

 I would like to work with: (you may mark more than one)
 Preschool Youth Young Adults
 Adults Seniors

***BONUS!** If a program you suggest becomes a reality, you will be given the opportunity to attend that class/program FREE OF CHARGE! In the case of duplicate suggestions, names will be drawn to determine who receives the free class/program.

Nutrition & Health Seminars

Exercise Programming

(Ages 14 +)

You may not need a personal trainer but if you've been doing the same workouts, hit a plateau or just need some fresh ideas then this program is for you. Meet with Meghan to discuss your goals and prior workout routines, then she will design a five week exercise program specific to your goals and schedule. Meghan will take you through each exercise and track progress with you every 2 weeks. A Final evaluation will be given the last week, and future plans can be discussed at that time. Day/Times are scheduled one on one with Meghan.

Location: Fusion Fitness

Instructor: Meghan Giera

CODE	DAYS/DATES/TIME	RES	NR
321609	By Appointment	\$125	\$125

Nutritional Counseling

(Ages 14 +)

Sometimes it's not what you're doing or not doing in the gym that is holding you back, but what you are EATING! Our nutritionist will have you keep a 5-day food log (which will include a weekend). The food log will tabulate what you eat/drink, amount, time of day, general feeling, along with any physical activity performed each day. You will then meet with the counselor to discuss your food log and come up with a strategy to change your eating behaviors, reduce calorie consumptions, and eliminate unhealthy foods. This program is 5 weeks of nutritional counseling.

Location: Fusion Fitness

Instructor: Meghan Giera

Limit: 5/10

CODE	DAYS/DATES/TIME	RES	NR
321610	By Appointment	\$100	\$100

Nutritional Package

Purchase the Exercise Programming & Nutritional Counseling classes together and save \$50.

CODE	DAYS/DATES/TIME	RES	NR
321611	By Appointment	\$175	\$175

When Antacids Aren't Enough and Heartburn is Out of Control

One in 10 Americans experiences heartburn symptoms at least once a week. But some also experience a chronic cough, heartburn laryngitis and nausea. If those symptoms sound familiar, it could be Barrett's Esophagus a disorder in which the lining of the esophagus is damaged by stomach acid and changed to a lining similar to that of the stomach. We will discuss Barrett's Esophagus and how it differs from heartburn. We'll also review risk factors, symptoms and how the correct diagnosis will lead to proper treatment options.

Knowing Feels Better: Preventing Diabetes with Pre-Diabetes Screening

It turns out, you can change your future. Research shows that the development of type 2 diabetes can be prevented or delayed through lifestyle improvements. It takes just a few minutes to get a snapshot to see if you are at serious risk to become diabetic with a simple A1C Screening-Pre Diabetic screen. Learn about the screen, risk factors and simple ways to prevent the disease. Many people who have made these changes in their diet and exercise patterns have "turned back the clock," and returned high blood sugar levels to blood sugar levels in the normal range. Basic lifestyle changes now will make your life simpler.

To reserve space for any health and wellness events, please call (708) 599-FUSE or visit online at www.burbankparkdistrict.org.

Say Cheese!

Our Park District photographers periodically take pictures of participants in our classes during special events and in the district's parks. Please be aware that these photos are for Park District use and may be used in the District's brochures, pamphlets, flyers and web site. You must give us written notice if you or your family members do not want to be photographed or published.



Preschool

*** Registration for Preschool is ongoing. ***

4 Year Old Preschool

In the 4 year old Preschool Program, it is our goal to have the children master basic skills that are appropriate for their age group. An example of these skills would be recognizing and/or printing letters, numbers, shapes and patterns. We will introduce these concepts through a variety of creative and hands-on educational activities. The children will enhance their social skills and develop a positive self-concept while striving to become independent thinkers.

Any child that is interested in attending our Preschool Program must be 4 years of age by September 1, 2013. This guideline must be followed in order to enable your child to attend Kindergarten in the up coming year. **BIRTH CERTIFICATES AND IMMUNIZATION RECORDS ARE REQUIRED AT TIME OF REGISTRATION.**

Location: Newcastle Park Recreation Center

Instructor: BPD Preschool Teachers

DAYS	SESSION	DATES	TIME
M/W/F	I	9/16-11/8	08:30A-11:00A
M/W/F	II	11/11-1/17	08:30A-11:00A
M/W/F	III	1/20-3/14	08:30A-11:00A
M/W/F	IV	3/17-5/16	08:30A-11:00A
M/W/F	I	9/16-11/8	11:30A-02:00P
M/W/F	II	11/11-1/17	11:30A-02:00P
M/W/F	III	1/20-3/14	11:30A-02:00P
M/W/F	IV	3/17-5/16	11:30A-02:00P
Tu/Th	I	9/17-11/7	08:30A-11:00A
Tu/Th	II	11/12-1/16	08:30A-11:00A
Tu/Th	III	1/21-3/13	08:30A-11:00A
Tu/Th	IV	3/18-5/15	08:30A-11:00A

FEE	# DAYS	RES	NR
	3	\$175/Session	\$220/Session
	2	\$120/Session	\$150/Session

No new students will be accepted after Session III.

3 Year Old Preschool

In the 3 year old Preschool Program, the children will work towards mastering fine motor and socialization skills. Basic age appropriate concepts, letters and numbers will be introduced throughout the program. The children will participate in various activities such as: music, movement, games, and seasonal arts and crafts. These activities are designed to promote the development of the social and educational needs of a child in the 3 and 4 year old age group.

Children must be 3 years of age by September 1, 2013. It is required that children must be potty trained and out of diapers/pull-ups in order to attend the 3 year old Preschool program. **BIRTH CERTIFICATES AND IMMUNIZATION RECORDS ARE REQUIRED AT TIME OF REGISTRATION.**

Location: Newcastle Park Recreation Center

Instructor: BPD Preschool Teachers

DAYS	SESSION	DATES	TIME
Tu/Th	I	9/17-11/7	08:30A-10:30A
Tu/Th	II	11/12-1/16	08:30A-10:30A
Tu/Th	III	1/21-3/13	08:30A-10:30A
Tu/Th	IV	3/18-5/15	08:30A-10:30A
Tu/Th	I	9/17-11/7	11:00A-01:00P
Tu/Th	II	11/12-1/16	11:00A-01:00P
Tu/Th	III	1/21-3/13	11:00A-01:00P
Tu/Th	IV	3/18-5/15	11:00A-01:00P

FEE	# DAYS	RES	NR
	2	\$120/Session	\$150/Session

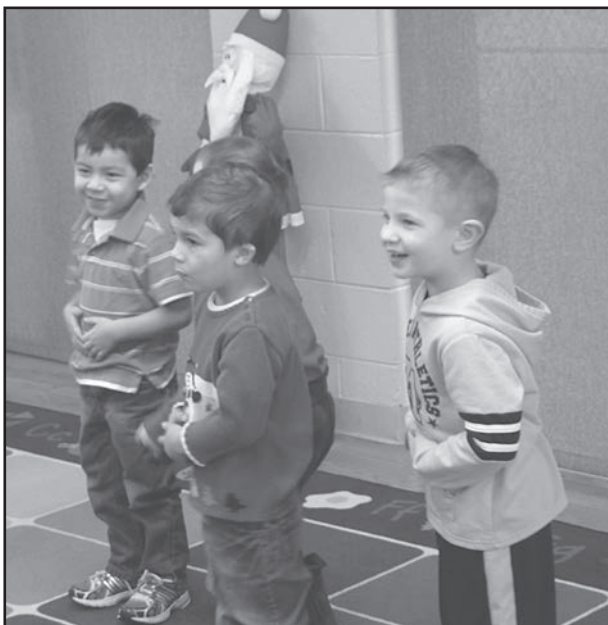
Preschool Coordinator

Lisa Code

B.S. in elementary education, IL Certified Teacher

**Questions about our Preschool Program?*

Contact Lisa Code @ 708-599-2070 x305, or at
lcode@BurbankParkDistrict.org





Burbank Park District Dance Revolution

Dance Coordinator: Dana Kral

Assistant Dance Coordinator: Natalie Trynoha

Registration For Dance Starts Upon Receipt of Brochure

Monday, September 9 - December 9 (No Class October 14 & November 11)

<u>CODE</u>	<u>LEVEL/CLASS</u>	<u>TIME</u>	<u>RES</u>	<u>NR</u>	<u>INSTRUCTOR</u>
310901-01	Pre-Ballet	04:00P-04:30P	\$30	\$45	Miss Dana
310902-01	Level 3 - Ballet	04:30P-05:15P	\$45	\$67	Miss Dana
310903-01	Level 3 - Jazz	05:15P-06:00P	\$45	\$67	Miss Dana
310904-01	Level 3 - Tap	06:00P-06:30P	\$30	\$45	Miss Dana
310904-02	Level 5 - Tap	06:30P-07:15P	\$45	\$67	Miss Dana
310903-02	Level 5 - Jazz	07:15P-08:00P	\$45	\$67	Miss Dana
310905-01	Level 5 - Ballet/Pointe	08:00P-09:00P	\$60	\$90	Miss Dana
310911-01	Level 2 - Hip Hop	05:15P-05:45P	\$30	\$45	Miss Natalie
310911-02	Level 5 - Hip Hop	05:45P-06:30P	\$45	\$67	Miss Natalie
310911-03	Level 3 - Hip Hop	06:30P-07:15P	\$45	\$67	Miss Natalie
310911-04	Level 4 - Hip Hop	07:15P-08:00P	\$45	\$67	Miss Natalie
310911-05	Level 6 - Hip Hop	08:00P-08:45P	\$45	\$67	Miss Natalie

Tuesday, October 29 - December 3

<u>CODE</u>	<u>LEVEL/CLASS</u>	<u>TIME</u>	<u>RES</u>	<u>NR</u>	<u>INSTRUCTOR</u>
320902	Adult Ballet	07:00P-08:15P	\$45	\$67	Miss Dana
320903	Adult Jazz	08:15P-09:00P	\$45	\$67	Miss Dana

Wednesday, September 11 - December 11 (No Class November 27 & TBA)

<u>CODE</u>	<u>LEVEL/CLASS</u>	<u>TIME</u>	<u>RES</u>	<u>NR</u>	<u>INSTRUCTOR</u>
310904-03	Level 2 - Tap	04:00P-04:30P	\$30	\$45	Miss Dana
310903-03	Level 2 - Jazz	04:30P-05:00P	\$30	\$45	Miss Dana
310902-02	Level 2 - Ballet	05:00P-05:30P	\$30	\$45	Miss Dana
310902-03	Level 1 - Ballet	05:30P-06:00P	\$30	\$45	Miss Dana
310904-04	Level 1 - Tap	06:00P-06:30P	\$30	\$45	Miss Dana
310904-05	Level 6 - Tap	06:30P-07:15P	\$45	\$67	Miss Dana
310903-04	Level 6 - Jazz	07:15P-08:15P	\$60	\$90	Miss Dana
310905-02	Level 6 - Ballet/Pointe	08:15P-09:30P	\$75	\$112	Miss Dana
310911-06	Level 2 - Hip Hop	05:30P-06:00P	\$30	\$45	Miss Natalie
310901-02	Pre-Ballet	06:00P-06:30P	\$30	\$45	Miss Natalie

Thursday, September 12 - December 12 (No Class October 31 & November 28)

<u>CODE</u>	<u>LEVEL/CLASS</u>	<u>TIME</u>	<u>RES</u>	<u>NR</u>	<u>INSTRUCTOR</u>
310901-03	Pre-Ballet	03:30P-04:00P	\$30	\$45	Miss Natalie
310902-04	Level 1 - Ballet	04:00P-04:30P	\$30	\$45	Miss Natalie
310904-06	Level 1 - Tap	04:30P-05:00P	\$30	\$45	Miss Natalie
310904-07	Level 2 - Tap	05:00P-05:30P	\$30	\$45	Miss Natalie
310903-05	Level 2 - Jazz	05:30P-06:00P	\$30	\$45	Miss Natalie
310902-05	Level 2 - Ballet	06:00P-06:30P	\$30	\$45	Miss Natalie
310904-08	Level 4 - Tap	06:30P-07:00P	\$30	\$45	Miss Natalie
310903-06	Level 4 - Jazz	07:00P-07:45P	\$45	\$67	Miss Natalie
310905-03	Level 4 - Ballet/Pointe	07:45P-08:45P	\$60	\$90	Miss Natalie

Dance

SPECIAL NOTES

- Limit for all classes: Min. 6/Max. 12.
- A birth certificate is REQUIRED for Creative Movement & Pre School Ballet registration.
- **Spring Dance Recital** - The steps learned will be incorporated into a dance which will be performed at the end of Session II at our annual dance recital held at Moraine Valley Community College Auditorium, (**Please Note: Participation in the recital is optional. Therefore, the cost of recital costumes and tickets are extra, and not included in the program fee.**)
- All classes are held at the Newcastle Park Recreation Center.
- Show #1 - Pre (Mon. & Wed.), Level 1 (Wed.), Level 2 (Wed.), Level 3 (Mon.)
Show #2 - Pre (Thu.), Level 1 (Thu.), Level 2 (Thu./Mon.), Level 4 (Thu./Mon.)
Both Shows - Level 5, Level 6 & Adult

WHICH CLASS SHOULD I REGISTER FOR?

- **New to our dance program? Haven't danced with us for a couple years?**

Creative Movement: Must be age 3 by the first day of class

- Pre:** New Kindergartners
Level 1: 1st & 2nd graders
Level 2: 3rd & 4th graders
Level 3: 5th & 6th graders
Level 4: New 7th & 8th graders
Level 5: New 9th - 12th graders
Level 6: Teacher Permission Needed

- **Returning to our dance program from the 2012-2013 season?**

Creative Movement: Must be age 3 by the first day of class

- Pre:** Must be age 4 by December 31, 2013
Level 1: Returning Kindergarten & 1st graders
Level 2: Returning 2nd & 3rd graders
Level 3: Returning 4th & 5th graders
Level 4: Returning 6th graders
Level 5: Returning 7th & 8th graders
Level 6: Returning 9th - 12th graders



Creative Movement "For Itty Bitty Dancers"

(Ages 3)

This class is especially designed for 3 year olds. This class is the perfect introduction to dance class if your child loves music and movement and has creativity and imagination. Class will focus on creative movement that will help your young dancer with motor skills, flexibility, listening and coordination. Through creative dance, your little dancer will discover new movements and rhythms as well as an understanding of speed, body shapes, direction and focus. This class will incorporate all dance skills and include ballet and modern technique. This class will ensure that your little one is ready for Pre-Ballet. No class 11/27 & 11/28.

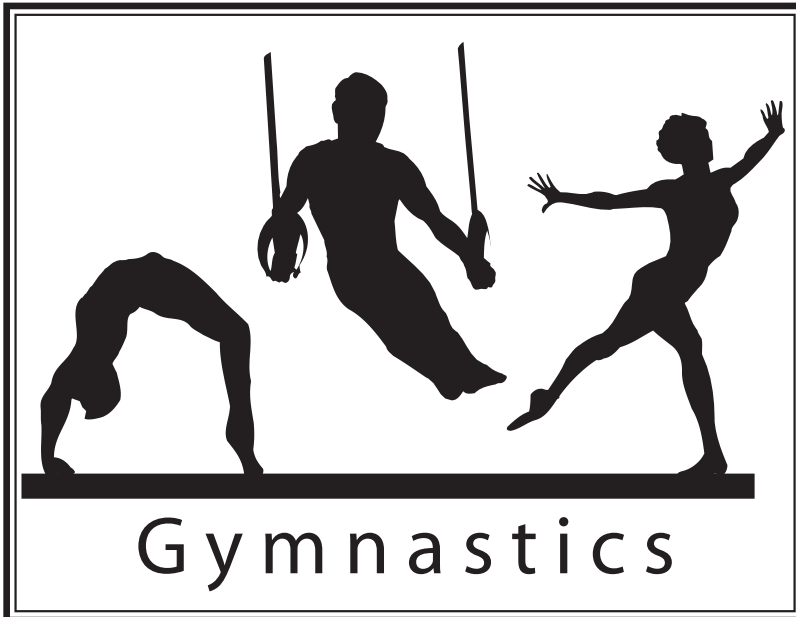
Location: Newcastle Park Recreation Center

Instructors: Dana Kral/Natalie Trynoha

CODE	DAYS	DATES	TIME	RES	NR
310910-01	W	9/11-10/16	05:00P-05:30P	\$15	\$20
310910-02	Th	9/12-10/17	03:00P-03:30P	\$15	\$20
310910-03	W	11/6-11/18	05:00P-05:30P	\$15	\$20
310910-04	Th	11/7-11/19	03:00P-03:30P	\$15	\$20

NOTE: This is a non-recital class.





REVAMPED GYMNASTICS PROGRAM

**NEW EQUIPMENT
AND
INSTRUCTORS**

Building a Better Program

With the completion of the Fusion RecPlex Center the Burbank Park District has decided to revamp the gymnastics program and relocated it to the new building. We have brand new gymnastics mats, equipment and a full size 42' x 42' cheer/gymnastics floor. The new programs are enrolling now so stop by the Fusion RecPlex and sign up!



**New Gymnastics
floor and Equipment**

**Lil' Spirits & Mighty
Movers class now
enrolling**

**Build new skills with
new equipment in a
new building!**

**New Instructors and
Coaches.**

**Watch your kids
from the comfort of
our new seating
area for parents.**

**BURBANK PARK
DISTRICT**

P: 708-599-3873

**6100 W. 85th Street
Burbank, IL 60549**

Gymnastics

Lil' Spirits

(Ages 18 mos. - 30 mos., 30 mos. - 3 1/2 yrs.)

This high energy, interactive, early learning gymnastic program develops confidence as well as helping increase your child's gross motor skills. Parents must attend each class with their registered child. No other siblings allowed.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310806-01	Tu	9/17-10/22	03:00P-03:30P (18-30 mos.)	\$40	\$55
310806-02	Tu	10/29-12/3	03:00P-03:30P (18-30 mos.)	\$40	\$55
310806-03	Tu	9/17-10/22	03:30P-04:00P (30 mos.-3 1/2 yrs.)	\$40	\$55
310806-04	Tu	10/29-12/3	03:30P-04:00P (30 mos.-3 1/2 yrs.)	\$40	\$55
310806-05	Sa	9/21-10/26	08:00A-08:30A (18-30 mos.)	\$40	\$55
310806-06	Sa	11/2-12/7	08:00A-08:30A (18-30 mos.)	\$40	\$55

Mighty Movers

(Ages 3-4 yrs.)

These Mighty Movers will use skill building activities to develop rolls, cartwheels and for using the vault. An introduction to the balance beam will also be included. No class on 11/28.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310807-01	Th	9/19-10/24	03:00P-03:40P	\$50	\$65
310807-02	Th	11/7-12/19	03:00P-03:40P	\$50	\$65
310807-03	Sa	9/21-10/26	11:00A-11:45A	\$50	\$65
310807-04	Sa	11/2-12/7	11:00A-11:45A	\$50	\$65

Tiny Tumblers

(Ages 4-6 yrs.)

Are you just interested in learning Tumbling? This is the class for you! Forward rolls, backward rolls, handstands, cartwheels and more! No class 11/28.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310808-01	Th	9/19-10/24	04:00P-04:45P	\$55	\$70
310808-02	Th	11/7-12/19	04:00P-04:45P	\$55	\$70

Let's Dance...Rhythmic Gymnastics!

(Ages 4-6 yrs., 7-9 yrs.)

Gymnastics and Dance are put together in this fun class! Participants will develop balance, coordination, flexibility and tumbling skills all while using hoops, balls, ropes, and ribbons. No experience is necessary to enroll in this class.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310809-01	Sa	9/21-10/26	09:00A-10:00A (4-6 yrs.)	\$64	\$79
310809-02	Sa	11/2-12/7	09:00A-10:00A (4-6 yrs.)	\$64	\$79
310809-03	Sa	9/21-10/26	10:00A-11:00A (7-9 yrs.)	\$64	\$79
310809-04	Sa	11/2-12/7	10:00A-11:00A (7-9 yrs.)	\$64	\$79

Beginner Gymnastics

(Ages 5-6 yrs., 7-9 yrs., 10-13 yrs.)

This class is for children with little or no experience. Participants will gain basic knowledge of the sport, increase balance, flexibility, learn rolls and cartwheels.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310810-01	Tu	9/17-10/22	05:00P-06:00P (5-6 yrs.)	\$64	\$79
310810-02	Tu	10/29-12/3	05:00P-06:00P (5-6 yrs.)	\$64	\$79
310810-03	Tu	9/17-10/22	06:00P-07:00P (7-9 yrs.)	\$64	\$79
310810-04	Tu	10/29-12/3	06:00P-07:00P (7-9 yrs.)	\$64	\$79

Intermediate Idols

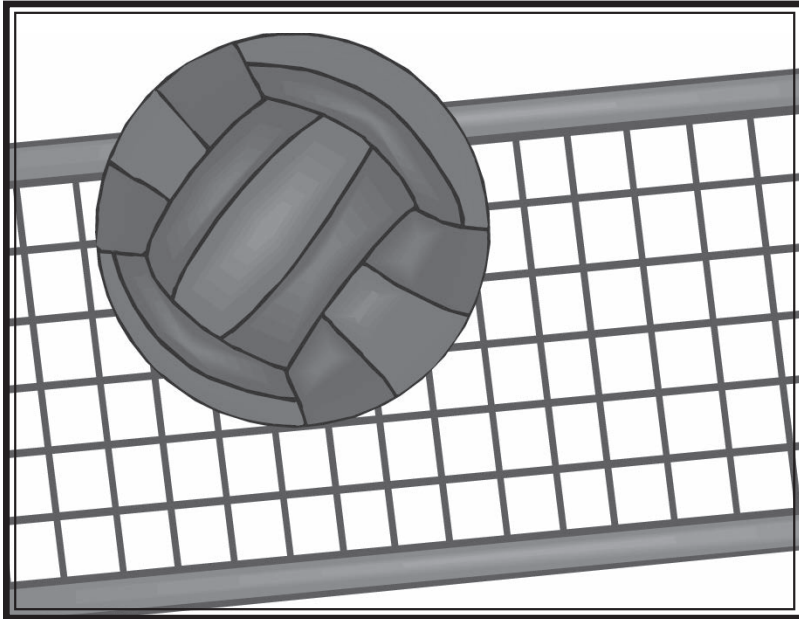
(Ages 5-6 yrs., 7-9 yrs., 10-13 yrs.)

This class is designed for children with previous gymnastic experience. They must show they can execute both a cartwheel and a handstand with good technique. These Gymnasts will work on round-offs, walkovers, and one-handed cartwheels. No class 11/28.

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310811-01	Th	9/19-10/24	05:00P-06:00P (5-6 yrs.)	\$64	\$79
310811-02	Th	11/7-12/19	05:00P-06:00P (5-6 yrs.)	\$64	\$79
310811-03	Th	9/19-10/24	06:00P-07:00P (7-9 yrs.)	\$64	\$79
310811-04	Th	11/7-12/19	06:00P-07:00P (7-9 yrs.)	\$64	\$79



REVAMPED VOLLEYBALL PROGRAM NEW GYM AND NETS!

Bring your A game!

With the Fusion RecPlex, the Burbank Park District has added a full size gymnasium to grow its volleyball program. Now with two half courts or one full size court, the volleyball program is hitting it hard! The new facility also gives athletes access to the brand new training equipment and workout options. With the addition of new instructors and coaches (with years of volleyball experience), our program will rise to new levels. Join us for our first year in our new building and enroll now!



**New Nets and
Equipment**

**Classes enrolling
now**

**Build Volleyball
skills for life**

**New Instructors and
Coaches.**

**Watch your kids
from the comfort of
our new seating
area for parents.**

**BURBANK PARK
DISTRICT**

P: 708-599-3873

**6100 W. 85th Street
Burbank, IL 60549**

Youth Sports

High School Volleyball Preview

(Ages 11-14 yrs.)

Fall Session - November-December (Volley Club Preview) \$84

This advanced volleyball team will give your child in grades 5th thru 8th the opportunity to use his or her volleyball skills in a TEAM environment. Laura Olszewski, our volleyball coach, will guide the team of athletes in weekly practices with more random volleyball games and less skills n drills. If your child likes to play games and use their skills of passing, setting and spiking, then this class is for you. No traveling needed. 60 minutes

2013 Fall Fusion Fire Volleyball Classes

INTRO TO VOLLEYBALL

(Ages 4-8 yrs.)

This is an introductory class for children K-2nd grade. The lesson plan introduces the pass, set and spike using a very light volleyball. This will help improve each child's hand/eye coordination and left/right coordination through the use of fun drills and games.

Location: Fusion RecPlex

AGES: 4-6

CODE	DAYS	DATES	TIME	FEE
311309-01	M	9/16-10/28	03:30P-04:30P	\$70

AGES: 7-8

CODE	DAYS	DATES	TIME	FEE
311309-02	M	9/16-10/28	04:30P-05:30P	\$70

YOUTH VOLLEYBALL SKILLS & DRILLS

(Ages 9-10 yrs.)

Improve your volleyball skills with 6- minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize short games at the end of each class.

Location: Fusion RecPlex

CODE	DAYS	DATES	TIME	FEE
311309-03	M	9/16-10/28	05:30P-06:30P	\$70

JUNIOR VOLLEYBALL SKILLS & DRILLS

(Ages 11-13 yrs.)

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and group drills that help each student reach a new level. Instructors organize games at the end of each class.

Location: Fusion RecPlex

CODE	DAYS	DATES	TIME	FEE
311309-04	M	9/16-10/28	06:30P-07:30P	\$70

MIDDLE SCHOOL VOLLEYBALL LEAGUE

(Ages 5th thru 8th Grade)

Does your child want to continue playing volleyball after the school season is complete? Here is a fun league to play in with their friends! Interested in playing competitive volleyball without the travel? Then, our volleyball league is perfect for your child. The first two weeks, all players will learn and improve in the fundamentals of volleyball including: passing, setting, piking, and overhand serving. By the third week, the players will split into teams and will be playing games against each other. For the final five weeks, the beginning of each session will be a short practice time and then the remaining time will be coached. The league will be limited to 32 players to ensure everyone gets the necessary attention and opportunities to succeed.

Please call us for more information.

VOLLEYBALL - WINTER BREAK CLINIC

(Ages 5-13 yrs.)

Join us for a special camp session taught and directed by Laura Olszewski, our volleyball coach. The 2 day camp will concentrate on the fundamentals of passing, setting and spiking. The lesson plan directs the use of self-mastery training that helps each student reach a new level. The knowledge of the instructors will give the participants a head start on their skills in preparation for the next season of volleyball. (2 DAY CAMP Thur.-Friday)

Location: Fusion RecPlex

INSTRUCTOR: Laura Olszewski

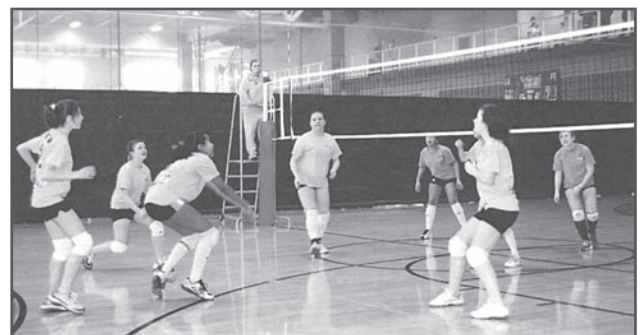
DATES: 12/26-12/27 two days only
1/2-1/3 two days only

MORNINGS

CODE	TIME	AGE	FEE
311309-06	08:00A-09:00A	5-7 yrs.	\$30
311309-07	09:00A-11:00A	8-10 yrs	\$45
311309-08	11:00A-02:00P	11-13 yrs.	\$45

AFTERNOONS

CODE	TIME	AGE	FEE
311309-09	03:00P-04:00P	5-7 yrs.	\$30
311309-10	04:30P-06:00P	8-10 yrs.	\$45
311309-11	06:00P-08:00P	11-13 yrs.	\$45



Volleyball Total Conditioning

The Total Conditioning program is an easy way for volleyball players to either get to or stay in top shape throughout the year. This program will combine speed training methods with performance and strength training to create a faster, less injury-prone athlete. Program will include agility and plyometric work, basic Olympic lifts, endurance and flexibility. Testing will include vertical jump, 5-10-5 agility, and injury prevention screening, as well as nutritional counseling. The Total Conditioning program is available in group or one-on-one session and is a great way to prepare during off-season training for high school or collegiate competition. (Please contact Laura Olszewski at (708) 599-FUSE for scheduling.)

Hoop Time Basketball

(Ages 5 - 10)

Get your child started early, dribbling, passing, shooting, running and have a great time playing hoops. We will explore all avenues of basketball and have fun doing so. Do not hesitate, because this class fills up fast. No class 10/31.

Location: Fusion RecPlex
Instructor: Park District Staff

(Ages 5-7)

CODE	DAYS	DATES	TIME	RES	NR
211316-01	Th	9/19-11/14	06:00P-07:00P	\$28	\$42

(Ages 8-10)

CODE	DAYS	DATES	TIME	RES	NR
211316-02	Th	9/19-11/14	07:00P-08:00P	\$28	\$42

(Ages 11-13)

CODE	DAYS	DATES	TIME	RES	NR
211316-03	Th	9/19-11/14	08:00P-09:00P	\$28	\$42

Junior Basketball

(Ages 3 - 4)

Mini-baskets and Mini-basketballs will be in full court action at our Fusion RecPlex. Dribbling, passing, shooting, shuffles and much more will be in our program. After learning these skills we will divide up players and play ball. Join right away to secure your spot. No class 10/31.

Location: Fusion RecPlex
Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
211319	Th	9/19-11/14	05:00P-05:45P	\$25	\$38



Cheerleading Clinic

(Ages 4 - 12)

V.I.C.T.O.R.Y.! Let's learn a variety of cheers, jumps, and routines in this very interactive class. This class will stress proper cheerleading technique and style. Make sure to wear comfortable clothing and gym shoes each week. Everything you learn will be put to the test as you will have a performance at the end of this 8 week program.

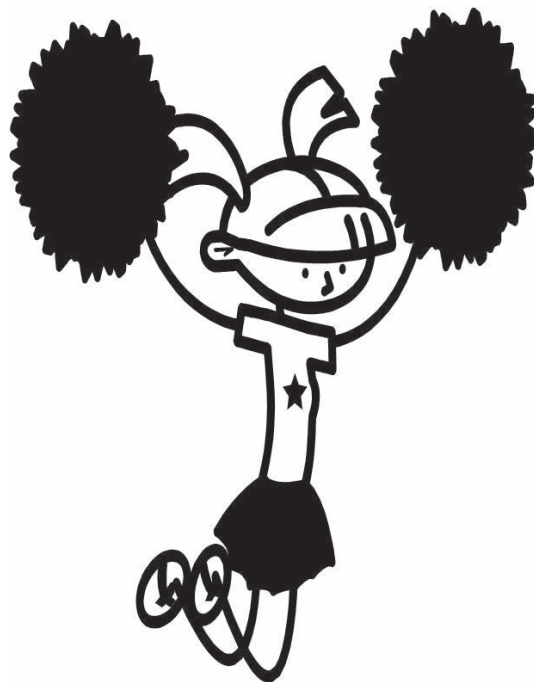
Location: Fusion RecPlex
Instructor: Park District Staff

(Ages 4-6)

CODE	DAYS	DATES	TIME	RES	NR
211305-01	Tu	9/17-11/5	06:30P-07:30P	\$35	\$52

(Ages 7-12)

CODE	DAYS	DATES	TIME	RES	NR
211305-02	Tu	9/17-11/5	07:30P-08:30P	\$35	\$52



Floor Hockey Clinic

(Ages 6 - 11)

If you want a fast paced, semi-competitive way to get into shape, or you just want something different to do on a week-night, join us for some hockey excitement. Sticks and pucks will be provided. A review of the basic skills (stick handling, passing, shooting) will be the focus of the class. There will be a scrimmage game at the end of every class.

Location: Fusion RecPlex
Instructor: Burbank Park District Staff

(Ages 6-7)

CODE	DAYS	DATES	TIME	RES	NR
311310-01	We	9/18-11/6	06:30P-07:15P	\$25	\$38

(Ages 8-9)

CODE	DAYS	DATES	TIME	RES	NR
311310-02	We	9/18-11/6	07:15P-08:00P	\$25	\$38

(Ages 10-11)

CODE	DAYS	DATES	TIME	RES	NR
311310-03	We	9/18-11/6	08:00P-08:45P	\$25	\$38



Micro Puckstars

(Ages 3 - 4)

Too young to play hockey with your big brother or sister? This is the class for you. Kids will learn the basics of hockey while using a smaller plastic stick and foam ball. This is an instructional program involving skill development through scaled down drills. Games are played at the end of each class.

Location: Fusion RecPlex
Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
311311	Sa	9/21-11/9	11:45A-12:00P	\$20	\$30

Youth Sports

Mini-Football Camp

(Ages 4 - 6)

This four week session will focus on all aspects of football. We will punt, kick, pass, hike and catch the football. Every class will begin with a warm up, a skill of the week, and end with relay races.

Location: Fusion RecPlex

Instructor: Burbank Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
311304	Tu	9/24-10/15	04:00P-04:45P	\$12	\$18

Mini-Baseball Camp

(Ages 4 - 6)

The second of our four-week sessions will focus on baseball. Your little one will throw, catch, run the bases and hit the baseball. Our main objective is to have fun.

Location: Fusion RecPlex

Instructor: Burbank Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
311307	Tu	10/22-11/12	04:00P-04:45P	\$12	\$18

Mini-Basketball Camp

(Ages 4 - 6)

The third of our four-week sessions will be basketball. Dribble, pass, defense, offense, and shooting will be part of this camp. We will have fun drills and games for all.

Location: Fusion RecPlex

Instructor: Burbank Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
311302	Tu	11/19-12/10	04:00P-04:45P	\$12	\$18

Micro Soccer

(Ages 3 - 6)

This is the perfect camp for the first timers! All the basic skills of dribbling, passing, shooting, and goaltending will be taught in a non-competitive environment. Teamwork, participation, and good sportsmanship are stressed. Both boys and girls are encouraged to join this class if they have an interest in soccer and plan to play in the future. A 'game' will be played at the end of each class. Please bring a water bottle.

Location: Fusion RecPlex

Instructor: Sports R Us

(Ages 3-4)

CODE	DAYS	DATES	TIME	RES	NR
311301-01	Sa	9/21-10/26	09:00A-10:00A	\$45	\$65

(Ages 5-6)

CODE	DAYS	DATES	TIME	RES	NR
311301-02	Sa	9/21-10/26	10:00A-11:00A	\$45	\$65



Little Sports of All Sorts

(Ages 5 - 6)

Basketball, Football, Baseball, Soccer, Floor Hockey & other fun sports will be introduced. Every class will start with jumping jacks, push-ups, sit-ups, relay races & much more. This is a sport bonanza!

Location: Fusion RecPlex

Instructor: Burbank Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
311313	Sa	9/21-10/26	10:15A-11:00A	\$20	\$30

Flag Football

(Ages 4 - 10)

Blue 20, Blue 20, Hud 1, Hud 2, HIKE! There is a pitch around right end, he could go all the way. TOUCHDOWN! What a great way to spend your Saturdays. We will modify rules, plays and structure to meet the needs of the players.

Location: Fusion RecPlex

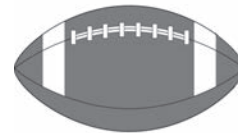
Instructor: Sports R Us

(Ages 4-6)

CODE	DAYS	DATES	TIME	RES	NR
311320-01	Sa	9/21-10/26	11:00A-12:00P	\$40	\$60

(Ages 7-10)

CODE	DAYS	DATES	TIME	RES	NR
311320-02	Sa	9/21-10/26	12:00P-01:00P	\$40	\$60



Jr. Soccer Camp

(Ages 6 - 12)

This is the perfect camp to learn the game or expand your skills! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a non-competitive environment. Teamwork, participation, and good sportsmanship are stressed. A 'game' will be played at the end of each class. The camp will be held outside. Please bring a water bottle.

Location: Fitzgerald Park (83rd & Nashville)

Instructor: Sports R Us

(Ages 6-8)

CODE	DAYS	DATES	TIME	RES	NR
311318-01	Tu	9/24-10/29	04:30P-05:30P	\$45	\$65

(Ages 9-12)

CODE	DAYS	DATES	TIME	RES	NR
311318-02	Tu	9/24-10/29	05:30P-06:30P	\$45	\$65

Registration For Karate & Taekwondo Starts Upon Receipt of Brochure

Taekwondo

Tae Kwon do, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of Grand Master Ki Hong Kim* (9th Dan World Tae Kwon Do Federation). A **\$45.00 uniform fee is required** at the first class. Belt testing is offered through the K. H. Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears.

Location: Newcastle Park Recreation Center

Instructor: K. H. Kim's Taekwondo Staff

ADULT TAEKWONDO (Ages 14 +)

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking.

CODE	DAYS	DATES	TIME	LIMIT	RES	NR
321101	Sa	9/7-12/21	09:00A-09:50A	4/10	\$135	\$150

PARENT/CHILD TAEKWONDO (Ages 7 + with parent/Fee per person)

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and the traditional Taekwondo techniques including punching, kicking, and blocking.

CODE	DAYS	DATES	TIME	LIMIT	RES	NR
341101	Sa	9/7-12/21	09:00A-09:50A	4/20	\$135	\$150

YOUTH TAEKWONDO (Ages 8-13)

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

CODE	DAYS	DATES	TIME	LIMIT	RES	NR
311101	Sa	9/7-12/21	09:50A-10:35A	4/20	\$135	\$150

EARLY TAEKWONDO (Ages 6-7)

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skill, and self-confidence through creative activities.

CODE	DAYS	DATES	TIME	LIMIT	RES	NR
311102	Sa	9/7-12/21	10:35A-11:20A	4/20	\$135	\$150

LITTLE DRAGONS (Ages 4-5)

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training.

CODE	DAYS	DATES	TIME	LIMIT	RES	NR
311103	Sa	9/7-12/21	11:20A-12:00P	4/12	\$135	\$150

ILLINOIS SHOTOKAN KARATE CLUB

Children and adults universally enjoy learning the art of karate. Classes are taught by Illinois Shotokan Karate Club's expert instructors under the direction of John DiPasquale, four-time National Champion, U.S. Karate National Coach and President of the National Karate Federation of the U.S.

Uniforms and Belt-Testing are options available through the ISKC instructor.

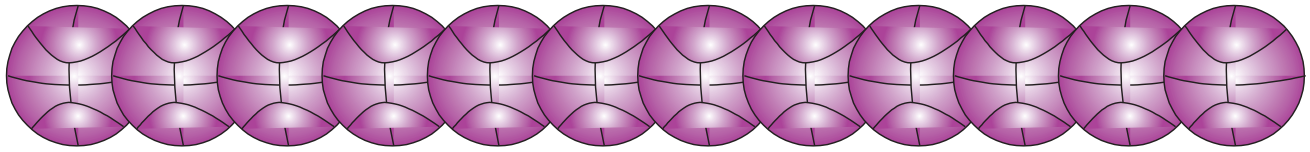
Location: Bridgeview Sports Complex, 81st & Beloit - Register at the Burbank Park District

CODE	CLASS	AGES	DAYS	DATES	TIME	FEE	WEEKS
311001	Pre-Karate	4-8	Tu	9/3-12/10	03:45P-04:30P (Beginner/Continuer)	\$135	15
311002	Youth	8-14	Tu	9/3-12/10	04:30P-05:30P (Beginner/Continuer)	\$135	15

Location: Krueger Park Rec. Center, 9100 S. 88th Ave. - Must register at Hickory Hills (\$15 late fee for all Hickory Hills classes)

CLASS	AGES	DAYS	DATES	TIME	BELT	FEE	WEEKS
Youth	7-17	Tu	9/3-12/10	06:00-07:00P (Beginner/Novice)	White-Orange	\$135	15
Youth	7-17	Tu	9/3-12/10	07:00-08:00P (Intermediate)	Yellow-Purple	\$135	15
Youth	7-17	Tu	9/3-12/10	08:00-09:00P (Advanced)	Brown-Black, inst. permission	\$135	15
Parent/Child	7 +	Tu	9/3-12/10	06:00-07:00P (Beginner/Novice)	White-Orange	\$135	15
Parent/Child	7 +	Tu	9/3-12/10	07:00-08:00P (Intermediate)	Yellow-Purple	\$135	15
Parent/Child	7 +	Tu	9/3-12/10	08:00-09:00P (Advanced)	Brown-Black, inst. permission	\$135	15

Youth Sports



Fusion Fire Basketball Program

The Burbank Park District will be hosting a variety of basketball skills/drills and leagues. There will be some sport specific training included in our program to enhance players agility, quickness and strategy. Please choose from the following list.

Location:

CODE	AGE/GRADE	TIME	DATES	RES	NR
3112029-01	4-5 yrs. (Co-ed)	01:00P-03:00P	9/21-11/23	\$40	\$60
3112029-02	1st & 2nd Grade (Co-ed)	03:00P-05:00P	9/21-11/23	\$40	\$60
3112029-03	3rd & 4th Grade (Co-ed)	05:00P-07:00P	9/21-11/23	\$40	\$60
3112029-04	5th & 6th Grade (Co-ed)	05:00P-07:00P	9/21-11/23	\$40	\$60

***NOTE:** Baskets lowered to 8' high for specified programs above.

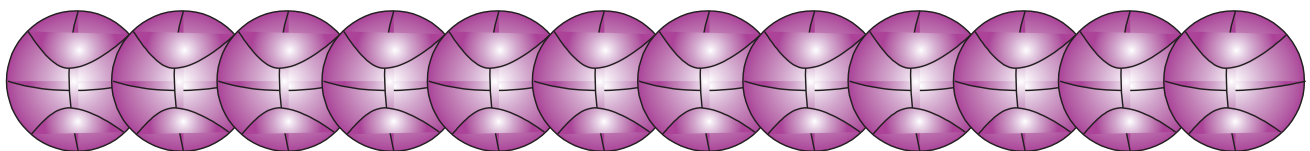
Fusion Fire Travel Basketball Program

For those players who have the desire for higher competition, we have formed a unique travel basketball program. The Fire program will consist of drills/skills, sports specific training, league play and (2) tournaments. Practice times and location to be announced. Our program is committed to expand on player's knowledge and skills but most importantly, focus facilitating learning and development for the person. Beyond the individual skills, our program aims to help players grow and develop for life. Our goal is to help all players develop with exercise, strength and agility, along with a positive and competitive environment. Visit our website at www.burbankparkdistrict.org for more detailed information to follow.

*Fee includes: uniforms, team training, league and tournaments.

Location:

CODE	GRADE	TIME	DATES	FEE
3112029-05	6th Boys	TBA	10/1-3/1	\$200
3112029-06	7th Boys	TBA	10/1-3/1	\$200
3112029-07	8th Boys	TBA	10/1-3/1	\$200
3112029-08	7th Girls	TBA	10/1-3/1	\$200
3112029-09	8th Girls	TBA	10/1-3/1	\$200



FROSTY 5K RUN / 1 MILE WALK

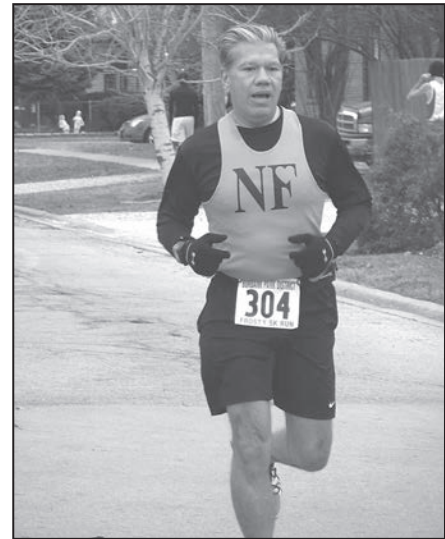
Join the Burbank Park District in its annual Frosty 5K Run / 1 Mile Walk event. THE RUN/WALK WILL START AND FINISH AT NEWCASTLE PARK. Long-sleeved T-shirts will be given to all participants. Awards will be presented to overall winners and 1st and 2nd place winners in each age category. This race route is TAC certified.

(RUNNERS)

CODE	DAYS	DATES	TIME	BY 1/11	AFTER 1/11
142003-01	Sa	1/18	09:00A	\$20	\$25

(WALKERS)

CODE	DAYS	DATES	TIME	BY 1/11	AFTER 1/11
142003-02	Sa	1/18	09:00A	\$15	\$15



Wanna go for a Walk? (Dog Walking)

Want to enjoy a fun walk with your dog, and meet some new dog owners & dogs too? Meet our dog trainer in the parking lot at Newcastle Park on Wednesday evenings (**weather permitting**) and enjoy a nice walk around town. "Well-mannered, Leashed & tagged dogs welcome" - - Please be sure to bring doggie bags.

Location: Newcastle Park Recreation Center

DAYS	DATE	TIME	FEE
W (weather permitting)	Starting 9/18	06:45P	Free



Seminars & Workshops

Train, Love, Change. -- LOVE THEM UNCONDITIONALLY!

Puppy Obedience

(10 weeks to 6 months)

CONGRATULATIONS on your new puppy! Are you interested in starting off on the right paw with puppy obedience? This is the single most important class you will ever attend. Intensive socialization with puppy play time! Learn how to handle your puppy in a safe and effective way. Basic commands such as SIT, FOCUS, DOWN, STAY, and much more are introduced in a fun, positive and happy way to strengthen the bond between you and your puppy. Time will also be given to discuss common puppy behaviors and how to manage them.

SPECIAL NOTE: Please do NOT bring your puppy on the first day of class as this day will be an orientation for the owner only.

Please be sure to bring your puppy's current vaccination records on the first day. Children 14 and younger must have adult supervision.

Location: Newcastle Park Recreation Center

Instructor: Kimberly Bandusky, ABCDT

SESSION	CODE	DAYS	DATES	TIME	RES	NR
I	341801	Tu	9/17-10/29	06:00P-07:00P	\$90	\$112
II	341802	Tu	11/5-12/17	06:00P-07:00P	\$90	\$112



Basic Obedience

(Dogs 6 months & older)

Do you want a reliable response from your furry friend? This class is designed to encourage a positive and happy approach to communicating with your dog and strengthening your bond. Learn to build strong responses to SIT, FOCUS, DOWN, STAY, LOOSE-LEASH WALKING, and much more. Time will also be given to discuss approaches to help you manage and change negative behavior issues (ie: barking, jumping, etc.).

SPECIAL NOTE: Please do NOT bring your dog on the first day of class as this day will be an orientation for the owner only.

Please be sure to bring your dog's current vaccination records on the first day. Children 14 and younger must have adult supervision.

Location: Newcastle Park Recreation Center

Instructor: Kimberly Bandusky, ABCDT

SESSION	CODE	DAYS	DATES	TIME	RES	NR
I	341803	Tu	9/17-10/29	07:15P-08:15P	\$90	112
II	341804	Tu	11/5-12/17	07:15P-08:15P	\$90	112

Puppy Playtime!!

Socialization is very important for dogs, especially puppies. In the early stages of puppyhood, socialization is of utmost importance in order for the puppy to grow up to be a social and well-adjusted dog. Each puppy play session is supervised by our Certified Dog Trainer to ensure every puppy is having a good experience. Bring your pup for some paws up fun, have a chance to meet our trainer, and make new friends with other puppy owners. Puppies must be at least 12 weeks old and no older than 9 months. Must bring proof of puppy vaccinations to playtime session.

Location: Newcastle Park Recreation Center

Instructor: Kimberly Bandusky, ABCDT

CODE	DAYS	DATES	TIME	RES	NR
341805-01	Sa	10/19	10:00A-11:00A	FREE	FREE
341805-02	Sa	11/16	10:00A-11:00A	FREE	FREE
341805-03	Sa	12/21	10:00A-11:00A	FREE	FREE

NOTE: Call 708-599-2070 to register

Animal Massage Therapy

Animal Massage Therapy provides many benefits for your pet.

- Improves circulation of the blood and lymphatic systems
- Improves flexibility and range of motion
- Helps relieve muscular restrictions, tightness, stiffness and spasms
- Aids in digestion, flushes toxins and metabolic wastes from the system
- Reduces anxiety
- Strengthens the immune system
- Reduces formation of excessive scar tissue
- Enhances the health and nourishment of the skin and coat

No matter what age, all animals benefit from being massaged. Our certified dog trainer is also Certified in Animal Massage Therapy (Animal Career Academy). Kim is offering 30-minute sessions. Please contact the Burbank Park District for pricing and more information at 708-599-2070.

Advanced Obedience

(Dogs 6 months & older)

This class is for dogs/owners who have successfully completed either "puppy" or "basic" obedience training here. Dogs must have a reliable sit, down, stay, come and walk nicely on leash. This class is designed to take basic training to the next level by solidifying the cues and adding "distance, duration and distractions." Strengthening your dog's reliability in every situation and challenging you and your dog through fun interactive games.

SPECIAL NOTE: Please bring your "leashed" (no flexi-leads) dog and current vaccination & rabies records to the FIRST day of class. Children under 14 must have adult supervision. **NOTE:** No prongs nor choke collars are allowed in class. If your dog wears a harness please be sure to have it on in class. Owners please do not wear sandals or open-toed shoes in class and bring pea-sized meaty treats.

Location: Newcastle Park Recreation Center

Instructor: Kimberly Bandusky, ABCDT

CODE	DAYS	DATES	TIME	RES	LIMIT
341806	Tu	9/17-10/29	08:15P-09:00P	\$90	1/8 dogs

(7 weeks, dog attends ALL sessions)

Seminars & Workshops

LegalShield

(Ages 16 +)

Have you ever worked with a lawyer or felt like you needed legal counsel regarding writing or revising your will, purchasing a home or car, your income taxes, civil rights, debt collection issues, or collecting an insurance claim?

Would you agree that there are many situations in daily life when it would be valuable to have the ability to pick up the phone and call the lawyer for advice about absolutely any legal matter without having to consider the cost first? For a low monthly membership fee, LegalShield can provide exactly that and much more.

See how LegalShield can help you and your family's legal rights by attending this free meeting with no obligation. Contact an Independent Associate today for more information.

Location: Newcastle Park Recreation Center

Instructor: Jean Henning, LegalShield (877-241-4830)

CODE	DAYS	DATES	TIME	RES	NR
321701-01	W	10/16	07:00P-08:00P	FREE	FREE
321701-02	W	12/18	07:00P-08:00P	FREE	FREE

NOTE: Call 708-599-2070 to register



CPR/First Aid

(Ages 16 +)

Taught by a certified instructor, this two year certification will include basic CPR and first aid procedures to help you effectively recognize and treat emergencies in the first critical minutes until emergency medical personnel arrive. Call for more information.

NOTE: This class is for first time certification.

Location: Newcastle Park Recreation Center

Instructor: Mary Crout

CODE	DAYS	DATES	TIME	RES	NR
320202	Th	11/14	05:30P-09:30P	\$40	\$40

Fall Time, New Start

(Ages 16 +)

This class will teach you the basics on how to promote healthier skin no matter your age! Fall is the perfect time to sensor your skin and then enjoy a mini facial using your personalized skin care. Please bring a towel and something to hold your hair away from your face.

Location: Newcastle Park Recreation Center

Instructor: Connie Mobley/Shanna Glogoza, Consultants

CODE	DAYS	DATES	TIME	RES	NR
321602	W	10/2	07:00P-08:00P	\$10	\$10

Rejuvenate

(Ages 16 +)

Celebrate the upcoming festivities by relaxing and enjoy some pampering for your lips, eyes, hands and feet. Sample some color to create that WOW you want for your holiday parties. Dress comfortably and please bring a towel.

Location: Newcastle Park Recreation Center

Instructor: Connie Mobley/Shanna Glogoza, Consultants

CODE	DAYS	DATES	TIME	RES	NR
321601	W	12/4	07:00P-08:00P	\$10	\$10

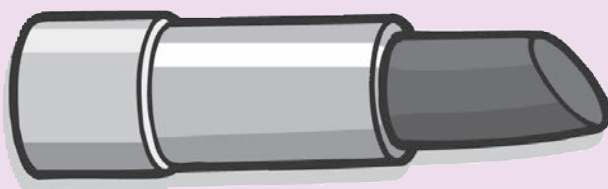
Instant Face Lift

(Ages 16 +)

Looking to reveal younger, softer, healthier looking skin? No painful injections, no harmful chemicals, and the results are immediate. We'll apply a clinical strength one-step peel and microderm treatment. Finish off with anti-aging products for your eyes and face that will tighten & firm your skin while filling in those pesky wrinkles to diminish their appearance. Please wear minimal or no makeup, bring a face towel or something to hold your hair away from your face.

Instructor: Connie Mobley/Shanna Glogoza, Consultants

CODE	DAYS	DATES	TIME	RES	NR
321603	W	11/6	07:00P-08:00P	\$10	\$10



Varied Interests

Dance Fever

(Ages 6 - 9)

Do you like to dance? Does it make you feel good? Well, come and show us your moves as we enjoy an evening of dancing games and activities. We will play freeze dance, follow the leader and have a dance contest.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
310124	F	11/15	06:00P-09:00P	\$14	\$21

Holiday Hoopla

(Ages 6 - 9)

Come dressed in your favorite holiday colors! We will be celebrating the holiday season our own way!! We will watch a holiday movie, make a craft, eat cookies, and maybe even have a special guest.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
310125	F	12/20	06:00P-09:00P	\$14	\$21

Mom & Dad's Night Out...Returns!

It's back! One Friday night a month, let us watch your children while you and your significant other hit the town. Children will be dropped off and picked up at the Fusion RecPlex Kidszone. Your children will be busy playing games, making crafts, meeting new friends and much more!

Location: Fusion RecPlex

Instructor: BPD Staff

CODE	DAYS	DATES	TIME	RES	NR
310130-01	F	9/27	06:00P-10:00P	\$16	\$24
310130-02	F	10/25	06:00P-10:00P	\$16	\$24
310130-03	F	11/22	06:00P-10:00P	\$16	\$24
310130-04	F	12/20	06:00P-10:00P	\$16	\$24

Crafty Kids Club (New Time)

Does your child enjoy making crafts? Well, it is time to let your child's imagination run wild!! Your child will be able to explore their creativity, hang out with their peers, and learn new skills all in a fun relaxed atmosphere. All materials will be provided.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

	CODE	DAYS	DATES	TIME	RES	NR
(5-7 yrs.)	310301-01	F	9/20-11/8	05:30P-06:30P	\$25	\$37
(8-10 yrs.)	310301-02	F	9/20-11/8	06:30P-07:30P	\$25	\$37



Clean the Clutter!

(Ages 18 +)

Improve your life by getting the most from your stuff. Recognize and Eliminate Clutter, then Maximize your Stuff. Save time and money and regain control of your home.

Location: Newcastle Park Recreation Center

Instructor: Colleen Klimczak, Certified Professional Organizer

CODE	DAYS	DATES	TIME	RES	NR
321702	Th	10/24	07:00P-08:30P	\$15	\$22

Get a Grip on Your Papers

(Ages 18 +)

Paper Management - Do you wonder what papers to keep? For how long? And how to find what you need when you need it? Take home useful tips and suggestions on what to keep, what to shred, what to save and how to save it.

Location: Newcastle Park Recreation Center

Instructor: Colleen Klimczak, Certified Professional Organizer

CODE	DAYS	DATES	TIME	RES	NR
321705	Tu	10/1	07:00P-08:30P	\$15	\$22



Shapes & Colors

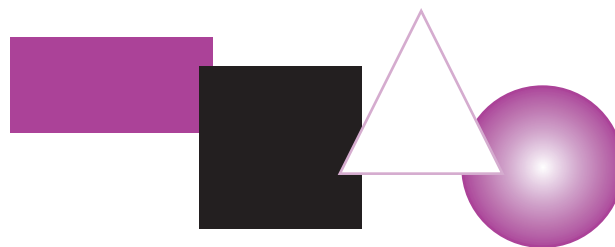
(Ages 2 - 3)

Shapes and colors are everywhere including circles, triangles and squares. Let's learn about the color wheel, have a fun time learning about shapes and meet some new friends! (No class 10/31 & 11/28)

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

SESSION	CODE	DAYS	DATES	TIME	RES	NR
I	310126	Th	10/17-11/14	02:30P-03:30P	\$10	\$15
II	310126	Th	11/21-12/19	02:30P-03:30P	\$10	\$15



Young Rembrandts Drawing Classes

(Ages 6 - 13)

We teach *drawing*, the fundamental skill of all visual arts. Our innovative, step-by-step curriculum and engaging subject matter still show your child that *drawing can be fun* and interesting! All materials are supplied for each class and instructors are provided from Young Rembrandts. Classes are held at Newcastle Park Recreation Center with 6 classes for each session. (No class 10/14)

Elementary Drawing

Our elementary-age curriculum is designed to reach basic to advanced drawing skills, art techniques and vocabulary. In these classes, children learn the fundamental skills of visual arts to express their creativity while increasing their learning skills, self-confidence and self-esteem. All new lessons every session!!

Location: Fusion RecPlex

Instructor: Young Rembrandts

CODE	DAYS	DATES	TIME	RES	NR
310303-01	M	9/23-11/4	05:00P-06:00P	\$64	\$96
310303-02	M	11/18-12/23	05:00P-06:00P	\$64	\$96

Cartoon Drawing Classes

Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This fun and delightful program combines Young Rembrandts' innovative, step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. All new lessons every session!!

Location: Fusion RecPlex

Instructor: Young Rembrandts

CODE	DAYS	DATES	TIME	RES	NR
310303-03	M	9/23-11/4	06:00P-07:00P	\$64	\$96
310303-04	M	11/18-12/23	06:00P-07:00P	\$64	\$96

Horseback Riding - Beginner

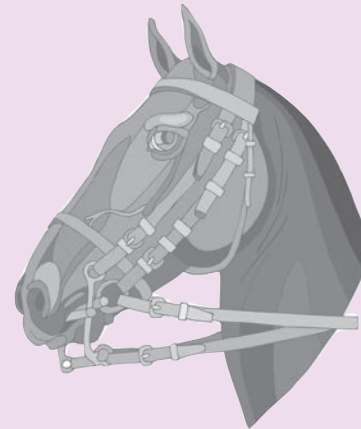
(Ages 8 +)

We're co-oping with New Traditions Riding Academy to offer an extraordinary horsemanship program. This program includes not only high-quality riding instruction but also comprehensive horsecare instruction. They will provide an exciting, enjoyable learning experience that will benefit each students physical and emotional well-being while building self-confidence and teaching responsibility. **Must register** at the Burbank Park District, then call New Traditions Riding Academy at 598-7718 to reserve your dates.

Location: New Traditions Riding Academy
10100 S. Kean Avenue

DAYS	TIME
M	04:30P-05:30P
W	04:30P-05:30P
F	07:00P-08:00P (Family Class)
Sa	01:30P-02:30P
Su	02:30P-03:30P

LEVEL	FEE	CODE
Beginner	5 Lessons: \$130; 10 Lessons: \$250	340103-01
Int./Adv.	5 Lessons: \$160; 10 Lessons: \$300	340103-02



Magic Class

(Ages 5 - 12)

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session!

Location: Newcastle Park Recreation Center

Instructor: Magic Team of Gary Kantor

CODE	DAYS	DATES	TIME	RES	NR
310102	M	9/30	06:45P-07:40P	\$20	\$25



Varied Interests

Bingo & Social

(Ages 55 +)

Enjoy a refreshing beverage with cookies while you engage in a couple games of bingo. There will be prizes for each game. Sit down and enjoy the company of your friends and we will do the rest.

Location: Fusion RecPlex

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES
331901-01	Tu	9/10	01:00P-02:00P	FREE
331901-02	Tu	10/8	01:00P-02:00P	FREE
331901-03	Tu	11/12	01:00P-02:00P	FREE
331901-04	Tu	12/10	01:00P-02:00P	FREE

NOTE: For Burbank Residents Only. Call 708-599-2070 to register.



Movie Time

(Ages 55 +)

Come join the Park District for a movie and popcorn. We will rent the hottest movies out for your viewing pleasure. Please call 708-599-2070 to see what the movie of the month is or give your request.

Location: Fusion RecPlex

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES
331902-01	Tu	9/17	01:00P-03:00P	FREE
331902-02	Tu	10/15	01:00P-03:00P	FREE
331902-03	Tu	11/19	01:00P-03:00P	FREE
331902-04	Tu	12/17	01:00P-03:00P	FREE

NOTE: For Burbank Residents Only. Call 708-599-2070 to register.



Alphabet Soup

(Ages 2 - 4)

Add some songs and stories with some movement and activities and you will have a mish mash of possibilities. This is a 4 week class.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
310120	Th	9/19-10/10	02:30P-03:30P	\$14	\$21



Pizza & Bingo Bonanza

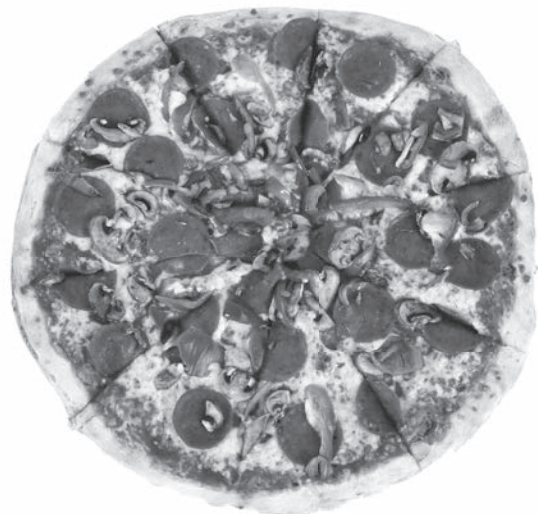
(Ages 5 - 10)

What better way to spend your day off from school than at the best pizza/bingo party in town? Win prizes, enjoy delicious pizza, visit with friends, or make some new ones. Fee includes pizza, soda and Bingo games and prizes.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
310121	F	12/6	04:00P-05:00P	\$7	\$10



Science Time

(Ages 6 - 9)

As future scientists, we will be forming a hypothesis, performing the experiment and examining the results. This is a hands-on learning class, using a variety of science experiments.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
310127	Th	10/17	03:30P-5:00P	\$15	\$20

Winter Break Day Camp

(Ages 3 - 12)

Need time to do your last minute holiday shopping? Leave your kids with us over winter break. The camp will run Monday through Friday for two weeks from 7:30 a.m. - 5:30 p.m. The program will include a variety of games, sports, crafts, snack time, special events, theme days. No camp 12/25 & 1/1.

Location: Fusion RecPlex

Winter Break Day Camp (Ages 3-12)

CODE	DAYS	DATES	TIME	LIMIT	RES	NR	DAY R	DAY NR
310608-01	M-F	12/23-1/3	07:30A-05:30P	10	\$150	\$225	\$25	\$37

Winter Break Camp (Ages 3-12)

CODE	DAYS	DATES	TIME	LIMIT	RES	NR	DAY R	DAY NR
(A) 310608-02	M-F	12/23-1/3	07:30A-12:30P	10	\$75	\$112	\$13	\$19
(B) 310608-03	M-F	12/23-1/3	12:30P-05:30P	10	\$75	\$112	\$13	\$19

***Please Note:** December 24 & December 31 will be half days, 7:30 a.m.-12:30 p.m.

**NEW LOCATION!!
"Fusion RecPlex"**



The Best Decorated House in Burbank

Is Christmas your favorite time of the year to decorate? Do you believe you have the best decorated house in Burbank? The judges will be looking at ground displays, roof displays, number of lights, color of lights. Call in registration required for this event. First and Second prize will receive donated gift certificates. Make sure all lights/decorations are on by 5:00 p.m.

Location: Burbank, IL

Instructor: Judging by Park District Staff

CODE	DAYS	DATES	TIME	RES
342023	W	12/11	05:30P	FREE

*Call 708-599-2070 to register.



Santa Calling

(Ages 3 - 7)

Santa Claus is coming to town, and he will be calling some of the good little boys and girls in Burbank. Children ages 3-7 can receive a personal telephone call from Santa on Thursday, December 12. Registration forms for this free event will be available at both the Newcastle and Fusion RecPlex offices beginning November 22. Calls will be made between the hours of 6:00 p.m. and 7:00 p.m. on December 12.

*Make sure to write down the date and time ... Santa has a busy schedule!

Special Events

Breakfast With Santa

(Ages 2 - 10)

Join us as we enjoy a pancake breakfast and some holiday excitement with Santa. Every child attending will get to meet Santa and receive a special gift. Don't forget your camera! **Children must be accompanied by a paid adult.**

Location: Fusion RecPlex

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	CHILD	ADULT
342024	Sa	12/21	09:00A-10:15A	\$10	\$5

NOTE: Children under 2 free, but must be registered.



Here Comes Santa!

(Ages 4 - 10)

Let us take care of your little ones while you get a head start with your Christmas shopping. We will be making Christmas lists, writing letters to Santa Claus, eating cookies, watching Christmas movies, and playing some fun games.

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
342027	F	12/6	06:00P-09:00P	\$10	\$14



PET-A-PALOOZA

CELEBRATING OUR PETS ... Please bring your pet-best friend(s) to our 3rd Annual Pet-A-Palooza (formerly called "Petnic")! You don't want to miss this family-pet-friendly event. This is all about our pets whether they are furry, feathery, or Iguana-ish or hamster-ish, etc. BONDING FUN for everyone includes: Pet Contests featuring "Most Unique" Pet, "Best Kisser," "Smallest Pet" "Largest Pet," and more ... Our Pet-A-Palooza also includes: Live DJ, vendors & crafters, Pet Caricatures, animal massages and MORE FUN SURPRISES. "Remember, all dogs must be on a leash, tagged and well mannered."

Rescue Groups will be on site with adoptable dogs & cats.

Location: Newcastle Park

DAYS	DATES	TIME	FEE
S	9/28	10:00A-01:00P	FREE



Superhero Spectacular

(Ages 6 - 9)

Calling all Superhero fans!! Whether it be Spiderman, Wolverine, or Batman, come join us as we celebrate our heroes!! Come dressed as your favorite Hero, and we will supply the fun!!

Location: Newcastle Park Recreation Center

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
312002	F	10/4	06:00P-07:30P	\$14	\$21



Birthday Parties at the Fusion RecPlex

Packages

- All parties are 2 hours long.
- Party packages come with table and chairs for 20 kids and 2 adults and the use of the selected room.
- Five dollars per extra guest.
- All party packages come with a Party Leader.
- Parties include 20 invitations.
- The renter is responsible for food, drinks, party favors and decorations.
- A 50% deposit is required at the time of booking. Full payment due at the start of the party.

PACKAGE 1 - CLASSIC BIRTHDAY PARTY

\$150

Guests will enjoy traditional birthday activities such as Pin the Tail on the Donkey, Hot Potato, Musical Chairs and more. A great way to celebrate a special day!

PACKAGE 2 - KIDS ROCK BIRTHDAY PARTY

\$150

Bring your dancing shoes and enjoy such dance favorites as the hokey pokey, chicken dance, electric slide, limbo and more. The dances are easy to learn and fun for boys and girls.

PACKAGE 3 - VOLLEYBALL BIRTHDAY PARTY

\$160 (includes 1/2 volleyball court & use of room 140)

Volleyball net is set up on half of the gym with staff instruction to play games and have fun.

PACKAGE 4 - BASKETBALL BIRTHDAY PARTY

\$160

(includes 1/2 basketball court & use of room 140)

Party is basketball games and open play time on half of the basketball court. Fun for all ages.

PACKAGE 5 - MOVIE THEME PARTY

\$150

(Room 141 only)

Pick your favorite movie and use the Fusion RecPlex BlueRay player to watch it during your party. Fusion staff help run a party with a movie theme. Movie and theme decorations are responsibility of renter.

PACKAGE 6 - ARTS AND CRAFTS PARTY

\$150

Fusion staff help kids complete a number of craft activities. Each child will take home a number of crafts including party crowns!

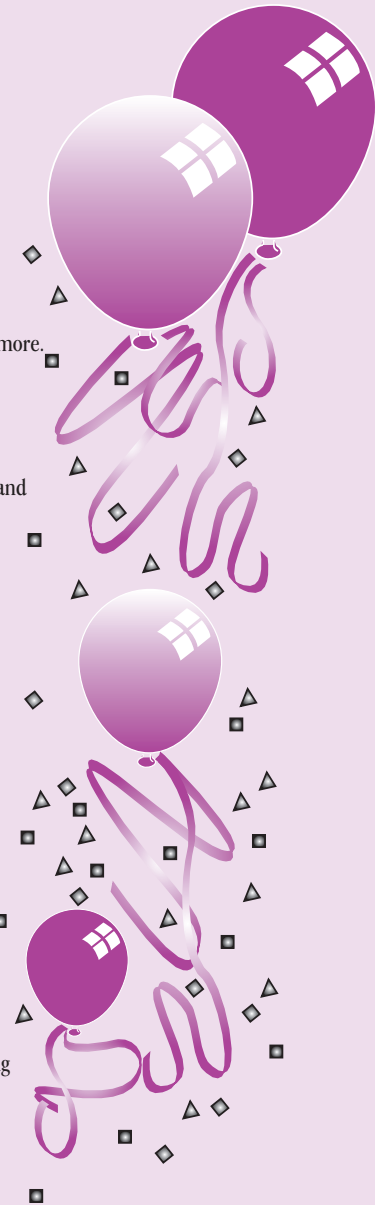
PACKAGE 7 - MAKE YOUR OWN PARTY

\$150

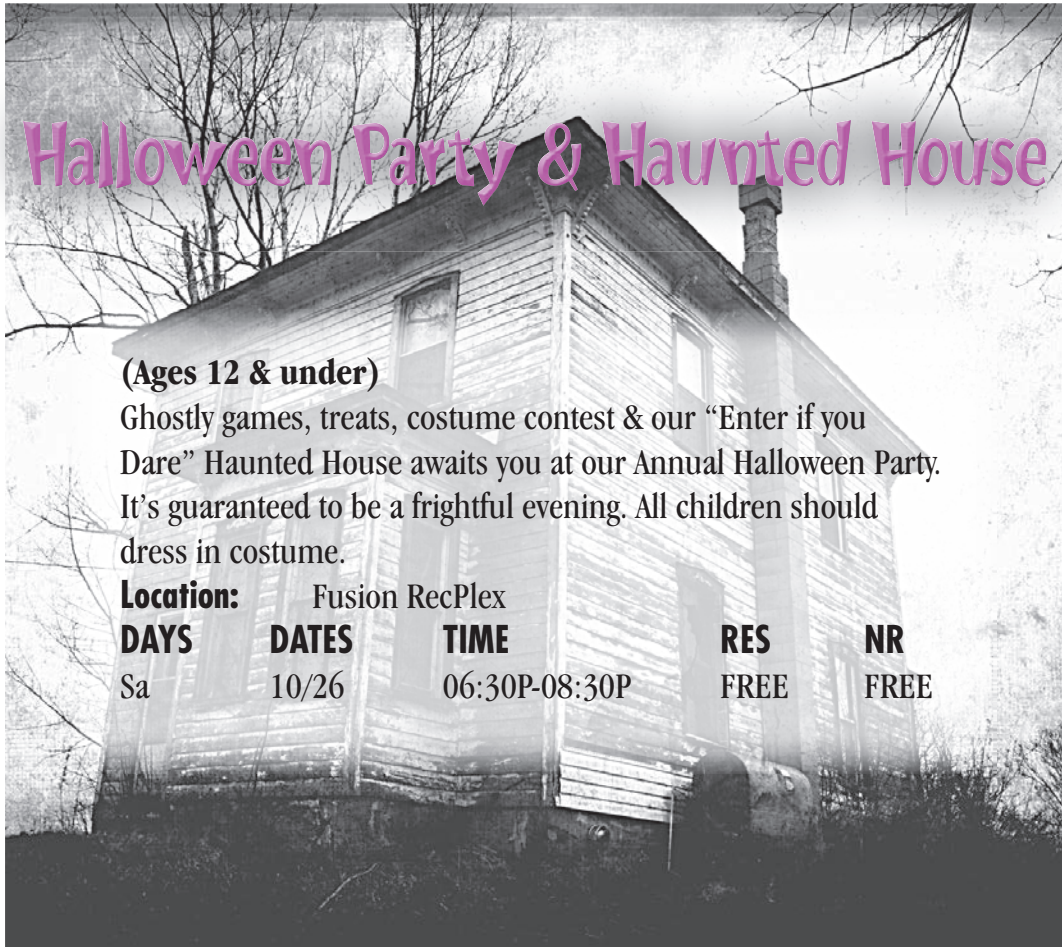
Fusion staff will help you build a custom theme for your party. Cost of decorations and any additional cost are the responsibility of the renter.

Birthday parties are available on Saturdays and Sundays based on availability. Parties can be held on Saturday and Sunday 9am-11am and 1pm-3pm.

To book a party, contact the BPD office at 708-599-3873.



Special Events



Halloween Party & Haunted House

**NEW
LOCATION!!**

**NEW
LOCATION!!**

(Ages 12 & under)

Ghostly games, treats, costume contest & our “Enter if you Dare” Haunted House awaits you at our Annual Halloween Party. It’s guaranteed to be a frightful evening. All children should dress in costume.

Location: Fusion RecPlex

DAYS	DATES	TIME	RES	NR
Sa	10/26	06:30P-08:30P	FREE	FREE





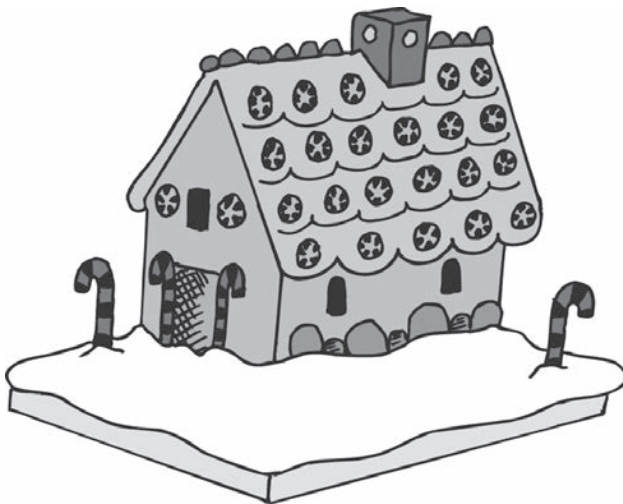
Pet Pictures With Santa

Santa will be coming to the Newcastle Park Recreation Center to take pictures with your furry friends! Pictures will be processed while you wait.

Location: Newcastle Park Recreation Center

Staff: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
342028	Sa	12/21	11:00A-12:00P	\$5	\$5



Daddy/Daughter Gingerbread House Decorating

Hey Dads!! Are you looking to spend some quality time with your little girl in a creative environment? We will supply the kits, you supply the fun!!

Winners will receive a special prize.

Location: Newcastle Park Recreation Center

Staff: Park District Staff

CODE	DAYS	DATES	TIME	RES	NR
342031	Th	12/5	05:30P-07:00P	\$10	\$15

Teen Mixers

(6th, 7th & 8th Grade only)

Dance the night away at our teen mixers. Visit with friends compete in the dance contest or just hang around. Music is presented by a professional disc jockey who will provide the hottest hits! These dances are for 6th, 7th and 8th graders only.

Valid school I.D. is required to enter.

Location: Liberty Jr. High, 5900 81st Street

DAYS	DATES	TIME	ENTRANCE FEE
F	Dance I: 9/20	07:00P-09:00P	\$5
F	Dance II: 10/18	07:00P-09:00P	\$5
F	Dance III: 11/15	07:00P-09:00P	\$5
F	Dance IV: 12/13	07:00P-09:00P	\$5

NOTE: A valid 2013/2014 Burbank issued school I.D. is required to enter the dance. No exceptions will be made. Burbank Residents only.

Teen Mixers Rules

The following is a list of rules developed by District #111:

- Clothing must be appropriate. No midriff showing, spaghetti straps, open backs, low cut shirts, hanging hip pants or clothing that may be disruptive or suggestive, (i.e. obscene slogans, gang symbols, etc.).
- Appropriate dancing is expected.
- The district is not responsible for personal items lost or stolen.
- No cell phones or pagers allowed.
- No gum chewing.
- Refreshments and snacks in assigned areas only.

The following is not tolerated at an Junior High Dance:

- Running/Horseplay
- Fighting or Wrestling - Keep hands to yourself.
- Swearing or Obscene Gestures
- Gang Symbols/Activity

Rules subject to change.



Special Events

Pumpkin Decorating

(Ages 6 - 11)

Let's decorate pumpkins together! Use your imaginative talents to create a special pumpkin of your very own. Pumpkins and materials included in the fee. Please wear old clothes or a smock to this class.

Instructor: Fusion RecPlex

CODE	DAYS	DATES	TIME	RES	NR
312022	W	10/23	04:30P-05:30P	\$8	\$12

Stranger Danger/Halloween Safety

(Grades Preschool - 2nd Grade)

Every child should know what to do when approached by a stranger. Join McGruff and Officer Friendly from the Burbank Police Department who will provide your child with an afternoon of informative fun. Parental attendance is required. Phone-in registration is required.

Location: Fusion RecPlex

CODE	DAYS	DATES	TIME	RES	NR
310201	Th	10/24	04:00P-05:00P	FREE	FREE



Halloween House Decorating

(All Ages)

Pizza, Pizza, and more Pizza. Enter your decorated Halloween House in the contest. If you win first or second place, you will receive a pizza certificate. All you have to do is call the park office at 708-599-2070 to enter the contest. On the evening of Wednesday, October 16, the judges will view all entries between 6:30-8:30 p.m. Judging will be based on originality, lighting arrangements, and use of props. The contest is FREE and open to all Burbank residents. Register by Monday, October 14. All decisions are final.



Halloween Coloring Contest

(Ages 3 - 12)

Do you like to color? Stop by the Newcastle Park Recreation Center and pick up your Halloween Coloring Contest sheet. Coloring sheets will be available for pick up on Friday, October 4. Age categories are as follows: 3-4, 5-6, 7-8, 9-12 years. Prizes will be awarded to one winner in each age category. All winners will have their pictures displayed at the Newcastle Park Recreation Center, 8050 S. Newcastle Avenue.

Note: Please provide name, age, and current phone number on the back of the coloring sheet. One entry per person please, double entries will be disqualified. Winners will be contacted the week of October 21.

SANTA IS COMING TO TOWN

(All Ages)

Santa will have a few extra minutes to stop by your house and visit with the kids. Visits will last approximately 20-30 minutes. All kids receive a gift from the North Pole and each household receives a magical scroll from the North Pole.

NOTE: Fee covers Santa's traveling insurance and reindeer food for the trip home. Weather permitting, Santa will arrive within 10 minutes of registered time ... Ho! Ho! Ho!

Location: Your Home (Burbank Residents Only)

Instructor: Park District Staff

CODE	DAYS	DATES	TIME	LIMIT	RES
342027-01	F	12/20	05:00P	12 children maximum per household	\$75
342027-02	F	12/20	05:30P	12 children maximum per household	\$75
342027-03	F	12/20	06:00P	12 children maximum per household	\$75
342027-04	F	12/20	06:30P	12 children maximum per household	\$75
342027-05	F	12/20	07:00P	12 children maximum per household	\$75
342027-06	F	12/20	07:30P	12 children maximum per household	\$75



Par-A-Dice & Peoria Festival of Lights Tour

(Ages 21+)

The Whole City's A Glow! Our trip to Peoria would not be complete without viewing the spectacular Christmas displays.

We will be treated to the most spectacular Christmas decorations. This is a one-of-a-kind experience and absolutely breathtaking. We will start with a fast food lunch stop (on your own) on our trip down to Peoria. Then we will have a gaming session at the Par-A-Dice Casino from 2:30-4:30 p.m. We will then leave the world behind us as we head for the magnificent Festival of Lights display. We will motor coach through the dazzling electric park. Floats, light panels and even the trees will perform brilliantly for us as we wind down the lane of this spectacular holiday attraction.

ITINERARY: Lunch stop at noon (on your own); Gaming Session: 2:30-4:30 p.m.; Festival of Lights afterwards and a fast food dinner stop on the way home (on your own).

Location: Peoria, IL

CODE	DAYS	DATES	TIME	LIMIT	FEE
320708	Su	12/15	10:30A-10:00P	25/55	\$40

NOTE: Motor coach bus departs from Newcastle Park, 8050 S. Newcastle, Burbank.



Shipshewana

(Ages 18+)

The small community comes alive with travelers from all over to visit this "do not miss" Hoosier tradition. Shipshewana will take us back in time to a friendly community in Indiana's Amish Country. The home of the Midwest's Largest Flea Market, you can find hundreds of vendors selling everything from fresh fruit to hand-crafted furniture at the Shipshewana Flea Market. Shop the quaint specialty shops downtown. Don't leave the area without experiencing home-style Amish Cooking, there are several area restaurants, that will delight your appetite (Lunch will be on your own).

Location: Shipshewana, IN

CODE	DAYS	DATES	TIME	LIMIT	FEE
320702	Tu	9/24	07:00A-07:00P	8	\$30

NOTE: Bus departs from Palos Hills Community Center, 8455 W. 103rd Street, Palos Hills



Potawatomi Bingo Casino

(Ages 21+)

Join us as we try out the Potawatomi Bingo Casino in Milwaukee. You'll be able to test your luck with a broad lineup of games like blackjack, craps, roulette, Let It Ride Bonus Poker and nearly 3000 slot machines. If Bingo is your game, then this is definitely the place to be.

NOTE: Price includes motor coach transportation, gaming session, lunch buffet and \$10 on your player card.

Location: Milwaukee, WI

CODE	DAYS	DATES	TIME	LIMIT	FEE
320705	Tu	10/29	08:30A-06:30P	25/50	\$30

NOTE: Motor coach bus departs from Newcastle Park, 8050 S. Newcastle, Burbank.



The Park District must meet our minimum enrollment usually 7-10 days before the trip date, so please register early. THANK YOU. – NO REFUNDS ON TRIPS –

St. Charles Scarecrow Festival

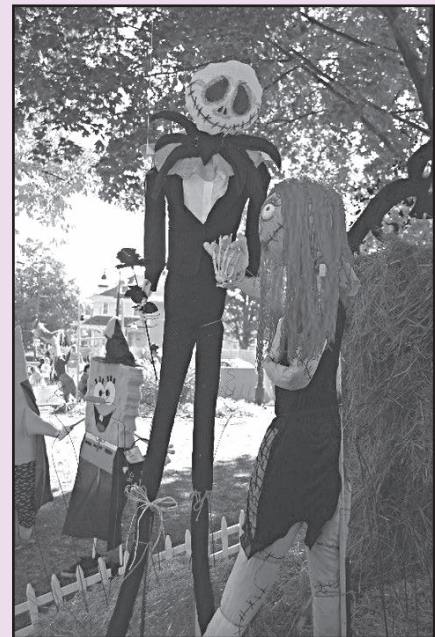
(All Ages - under 16 must be accompanied by an adult)

All year long St. Charles is a charming, old-fashioned town of specialty shops, antique stores, wonderful restaurants and friendly people. Each fall on Scarecrow Festival weekend, St. Charles becomes a wonderful world of whimsy, fantasy and creativity as the scarecrows invade every area of downtown St. Charles. Activities include viewing of 100+ hand-crafted scarecrows, live entertainment, great food and the Famous Autumn on the Fox Art & Craft Show.

Location: St. Charles, IL

CODE	DAYS	DATES	TIME	LIMIT	FEE
340701	Sa	10/12	10:00A-06:00P	25/55	\$30

NOTE: Motor coach bus departs from Newcastle Park, 8050 S. Newcastle, Burbank.



Wicked

(All Ages; under 16 must be accompanied by an adult)

Winner of 35 major awards including the Grammy Award and three Tony Awards, Wicked is the untold story of the Witches of Oz. Wicked tells the story and brings you on a journey of how two friends grow to become the Wicked Witch of the West and Glinda the Good. Declared "The Best Musical of the Decade" by Entertainment Weekly!

NOTE: Fee includes transportation, parking and ticket in the first two rows of the Loge section at the Oriental Theatre. Sign up early - only 20 tickets are available for the show.

Location: Chicago, IL

CODE	DAYS	DATES	TIME	LIMIT	FEE
340703	Th	11/21	06:15P-10:45P	10	\$111

NOTE: Bus departs from Krueger Park 9100 South 88th Avenue, Hickory Hills.



Geico 300

(Ages 14 +)

Registration for this trip starts upon receipt of brochure.

The Geico 400 is a Nascar Sprint Cup series stock car race being held on Sunday, September 15 at Chicago Speedway in Joliet, Illinois. We will provide motorcoach transportation to and from the track. If you do not have tickets, call the Recreation Director at 708-599-7337 to make arrangements. (Deadline is September 4). Race starts at 1:00 p.m.

NOTE: Food and beverages will be allowed on the bus, however no alcohol can be consumed on the bus. Food and beverages can be brought into the Speedway. A minimum number of people must be registered or trip may be cancelled. Register early.

Location: Peoria, IL

Fee: \$27 (Transportation Only); \$110 (Ticket and Transportation)

CODE	DAYS	DATES	TIME	LIMIT
340704	Su	9/15	09:30A-05:30P	10

NOTE: Bus departs from Krueger Park 9100 South 88th Avenue, Hickory Hills.



The Park District must meet our minimum enrollment usually 7-10 days before the trip date, so please register early. THANK YOU. – NO REFUNDS ON TRIPS –



Tommy Gun's Garage

(Ages 14+)

Psst... Do you's know da password? If you do... give "Gloves" da password and step into a Roaring 20's speakeasy. See da Boss's 1982 Ford Model A car, a replica of da St. Valentine's Day wall and pictures of da gangsters and da coppers from da times.

NOTE: Fee includes da transportation to 2114 S. Wabash, da ticket, da lunch, and da gratuity (coffee, tea and soft drinks included). Cash bar available. Choice of Prime Rib, Lasagna, Salmon or Chicken.

Location: Chicago, IL

CODE	DAYS	DATES	TIME	LIMIT	FEE
320706	Th	11/14	05:15P-09:45P	10	\$73

NOTE: Bus departs from Krueger Park
9100 South 88th Avenue, Hickory Hills

Les Misérables

(All Ages; under 16 must be accompanied by an adult)

Les Misérables is the world's longest running musical. This show sweeps its audience through an epic tale of passion and destruction in 19th century France. Discover a nation in the grip of revolution, where convict Jean Valjean is on the run. Hunted relentlessly by a policeman for breaking his parole, Jean has no choice but to fight for his life and sacrifice everything to protect the people he loves!

NOTE: Fee includes transportation, lunch, gratuity and show at the Drury Lane Theatre.

Location: Oak Brook, IL

CODE	DAYS	DATES	TIME	LIMIT	FEE
340707	Th	4/3/14	10:45A-04:30P	10	\$62

NOTE: Bus departs from Krueger Park
9100 South 88th Avenue, Hickory Hills



The Park District must meet our minimum enrollment usually 7-10 days before the trip date, so please register early. THANK YOU.

– NO REFUNDS ON TRIPS –

Gazebo Rentals

The Burbank Park District has three gazebos available for rent for your next function. There is a 2 hour minimum. They are located at:

	R	NR
Harr Park - 83rd & Laramie	\$50/hr.	\$60/hr.
Nottingham - 75th & Nottingham	\$50/hr.	\$60/hr.
Owens Park - 78th & Leamington	\$20/hr.	\$25/hr.
Stevenson Park - 6100 W. 85th Place	\$60/hr.	\$70/hr.

You can reserve a date by going to www.burbankparkdistrict.org and logging in to our Online Registration.

You may also contact Julie Court at 708-599-3873.



Owens Park



Harr Park

Rentals

Building Rentals

Looking for an awesome place to have your next baby or wedding shower? Look no further! You are now able to rent rooms at both buildings. We will do all the setup and break down, all you need to do is decorate and show up. Rentals will be allowed on all days facility is open. Friday, Saturday and Sunday facility rentals allowed until midnight.

Fusion Building Rentals

RENTAL FEES	R	NR
Stevenson Room (120)	\$110/hr.	\$150/hr.
Stevenson Gazebo	\$110/hr.	\$120/hr.
Multi-Purpose Room 1 (140)	\$60/hr.	\$70/hr.
Multi-Purpose Room 2 (142)	\$60/hr.	\$70/hr.
Multi-Purpose Room Full	\$110/hr.	\$150/hr.
Basketball Gym 1/2 (N)	\$20/hr.	\$30/hr.
Basketball Gym 1/2 (S)	\$20/hr.	\$30/hr.
Basketball Gym Full	\$40/hr.	\$60/hr.
Lobby	\$10/hr.	\$15/hr.

Newcastle Park Recreation Center Rates

	R	NR
A/B Side	\$50/hr.	\$75/hr.
C Side	\$35/hr.	\$50/hr.

You will be allowed 1 hour before your scheduled time to put up any decorations, table cloths, etc. Beer and wine are permitted in the room you rent for a \$25 fee. At no time is liquor other than beer and wine allowed. All liquor is to remain in the room at all times. Your guests may not leave the room with liquor in their possession. Under age drinking is not permitted. You are solely responsible for your food, guests and their actions. Maximum capacity with tables and chairs is 100. Call 708-599-3873 to check availability. You may also visit www.burbankparkdistrict.org and log in to our Online Registration.

Stevenson Room

The Fusion RecPlex is the new home of the Stevenson room formerly the Stevenson Building. The room now serves as the Fusion RecPlex large function room. The room has an attached kitchen and bathrooms and has access to the Fusion RecPlex. The Stevenson Room is great for social events of all kinds and has a room capacity of 200 people

Multi-Purpose Room

The Multi-Purpose Room is acutely two rooms that can be rented together or individually. They are approximately 1,000 square feet each. Multi-Purpose Room 140 has a sink and Room 141 has a BlueRay player. They are great for parties or to rent for your next function.

Basketball Gym

The newly constructed Fusion RecPlex has a full size basketball court with six hoops and a divider. The gym also has a connected concessions room with a sink. The gym can be used for basketball, volleyball or for any large indoor sport.



Affiliations

The Burbank Park District works cooperatively with and supports the following groups and organizations:

BURBANK AMERICAN LITTLE LEAGUE

Call: Juan Castellanos 653-1266

BURBANK NATIONAL LITTLE LEAGUE

Call: Edward Raff 233-9729

BURBANK GIRLS FAST PITCH ASSN.

Call: George Harcar 423-6757

BURBANK TITANS YOUTH FOOTBALL AND CHEERLEADING ASSOCIATION

Call: Tim Nowaczyk (773) 844-7707

OTHER ASSOCIATION CONTACTS

SOUTH COOK COUNTY GIRL SCOUTS

Call: Bernadette Trusk 599-4663

BOY SCOUTS AND CUB SCOUTS

Call: (312) 421-8800

BURBANK SWIM TEAM:

Call: Sylvia Olivo (708) 952-1995
(773) 206-8871

BURBANK TITANS WRESTLING CLUB

Call: Tim Nowaczyk (773) 844-7707

Brochure Delivery

The Burbank Park District relies upon the Moraine Valley Post Office for mail delivery of our seasonal brochures. The Park District assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at Newcastle Park Recreation Center at 8050 S. Newcastle. Direct any of your calls to the Moraine Valley Post Office if you do not receive your brochure.

"Pride In Our Parks"

It is time to put an end to vandalism! No more Graffiti! The Park District has been improving and beautifying all parks. We have new basketball courts, new swings, playground units and bathroom facilities. We have installed surveillance cameras to all the buildings, but still need your help to look for any suspicious activity. If you see any vandalism call 911. Equipment in need of repair call 708-599-2070.

Park Rules For Your Safety And Protection

1. In order to assure the safety of children in playgrounds and everyone on our athletic areas, the park district PROHIBITS GLASS in the park.
2. All animals are prohibited in the parks. Violations are subject to a \$500 fine.
3. No driving or parking of motorized vehicles, including motorcycles, is allowed in any grassy area or athletic field. Drive only upon established roads and obey posted traffic signs.
4. The parks are open from 7:00 a.m. - 10:00 p.m. No basketball playing before 9:00 a.m. on Sundays.
5. NO alcoholic beverages are allowed on Park District Property.

Rentals!

The Burbank Park District now has four gazebo sites (Owens, Harr, Nottingham and Stevenson Park) for rentals. We also are renting out our Fusion RecPlex and Newcastle Recreation Center. Please go to page 37 or visit www.burbankparkdistrict.org.

On-Line Registration

Have no time to get to the Park District? Then visit www.burbankparkdistrict.org to register for your favorite class.

Thank You!

The Burbank Park District would like to take this opportunity to thank School District #111 and Reavis High School for the use of the facilities in helping us provide recreational programs for the community. We would like to thank all the men and women behind the scene, who do not get the recognition, but are a vital part in helping us set up the gym facility for our programs. Thanks to all the custodians.

Accommodations

Burbank Park District programs and facilities are available to all citizens regardless of race, color, national origin, sex, age or disability. Reasonable accommodations may be requested to provide participation in desired programs and activities.

VIP Program - The Benefits Are Endless

Do you enjoy seeing the kids have fun? Does a smile on a young face give you a reward beyond words? Do you feel youth coaching is all about FUN FOR KIDS!!! Do your community and yourself a favor, be a Volunteer in a Park District (V.I.P.). If you have the time and interest, or need more information, call 708-599-2070. Our next programs that need volunteers will be our Youth Basketball & Soccer Programs.

Our goal this year and every year... **MAKING YOUTH PROGRAMS FUN FOR KIDS!!!**



Please Note

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Dogs...

...They may be your beloved pet, but when they leave “souvenirs” in the park, they become a nuisance to the community and violate the park district code.

All animals are prohibited in the parks. Violations are subject to a \$500 fine. Remember, the next time your family visits the park, you don't want to take home that kind of “souvenir”.

Non-Resident Mailing List

If you live outside of Burbank and wish to receive our brochure, contact our offices at 708-599-2070 to be put on our mailing list. Brochures will be mailed out in late August, December and April.

Early Warning Lightning Detection Systems

The Park District has installed Early Warning Lightning Detection Systems at Michael Looney, Narragansett, Rice, Harr, Stevenson, MacArthur and Newcastle Parks. If lightning strikes the ground within a 5 mile radius, a horn will sound and a strobe light will flash. If this happens, you should seek shelter in a safe place. After 30 minutes of no ground lightning strikes, an all clear intermittent horn will sound and the strobe light will turn off.

On-Line Registration

Have no time to get to the Park District? Then visit www.burbankparkdistrict.org to register for your favorite class.

Important Insurance Information

The Burbank Park District does not carry medical or accident insurance for program participants - the cost would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage.

Special Recreation

Through a cooperative agreement with the Oak Lawn Park District, the Burbank Park District is able to offer children and adults who have a disability, handicap or special need the opportunity to participate in the special recreation program. For more information, call the Oak Lawn Recreation Office at 708-857-2200 or pick up brochure at Newcastle Office.

Program Visits

Program visits are discouraged. With your child's best interest in mind, parents are invited to the first and last class. (No siblings please.) Our instructors have found the quality of instruction is affected by parents and sibling distraction during class time. We feel it is most beneficial for children to have recreational time with their peers. Our instructors always welcome the opportunity to discuss the participants progress with parents. Thank you

Did You Know...

Illinois public park & recreation agencies currently manage:

- 2,240 outdoor basketball courts
- 255 outdoor swimming pools
- 504 fishing areas
- 2,643 outdoor tennis courts
- 800 outdoor volleyball courts
- 117 golf courses
- 401 nature areas
- 358 outdoor ice rinks
- 1,912 picnic areas
- 13 petting zoos
- 3,075 playgrounds
- 149 sled hills
- 1,386 soccer fields
- 77 beach facilities
- 2,429 baseball fields
- 82 driving ranges

Public Alert!!!

In cooperation with the Burbank Police Department, the Park District has put up 11 surveillance cameras directly linked to Burbank's Police Department. These 11 cameras throughout the parks are being monitored 24/7 to ensure public and property safety.

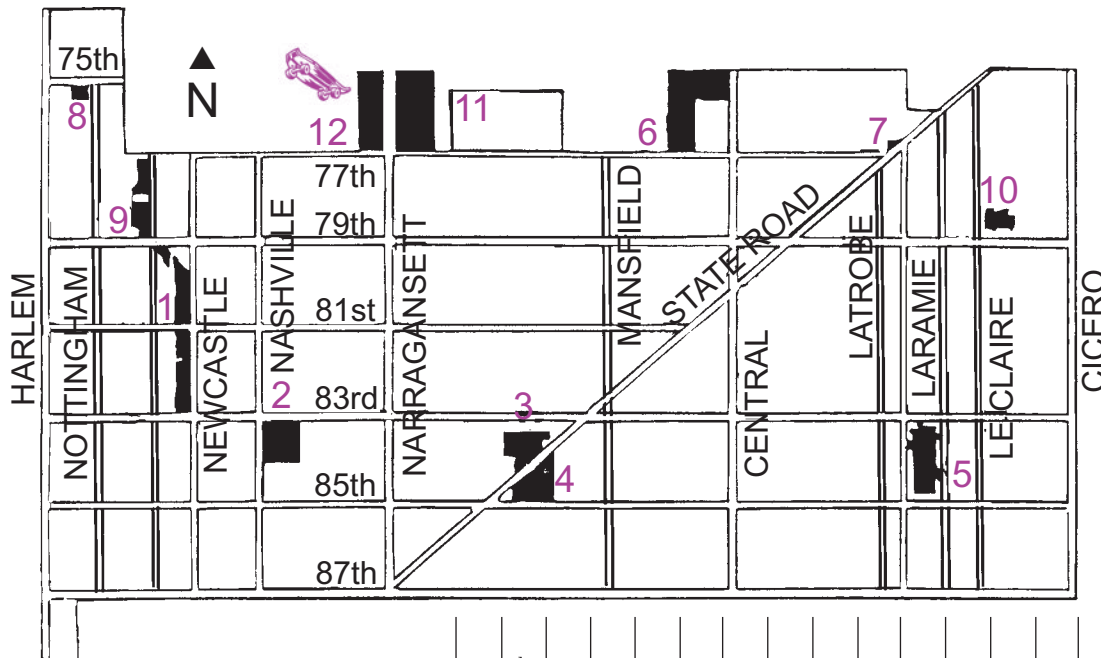
Frequently Asked Questions: Why Does A Class Get Cancelled?

The Burbank Park District has long been known for offering some diverse programs. Classes and special events meet the varied interests, ages and skill levels of all our residents and those in nearby communities. However, classes sometimes have to be cancelled. There are many reasons why. The first and foremost reason is that a particular time offering does not reach its minimum enrollment requirement. Secondly, a new program of interest that was requested by a few patrons is set up, but does not catch on immediately. Also, an instructor may become ill or suddenly unavailable, or a facility may have an unavoidable schedule conflict. These factors we cannot control, especially if the facility is not owned by the park district. The important thing to remember is that no matter what the reason for the class cancellation, the park district staff will make every effort to accommodate you or a family member into a similar program. If we cannot do this, we will happily refund your money. So take a chance — try something new. Be adventurous. You have nothing to lose and only fun, friendship and new experiences to gain. **The Benefits are Endless!**

Vandalism Alert

The Burbank Park District Board of Commissioners asks that all residents help the Park District in keeping our parks, playgrounds and facilities vandal free. If you see suspicious activity, please dial “911” and report it. Anyone found destroying park district property will be prosecuted.

Park Map & Facility Guide



		ACRES	SOFTBALL/BASEBALL	PARKING	SWIMMING POOL	PLAYGROUND	PICNICING	SKATE PLAZA	BASKETBALL	TENNIS COURTS	CONCESSIONS	REST ROOMS	WALKING PATH	SOCCER/FOOTBALL	IN-LINE HOCKEY	WATER PARK	GAZEBO	OUTDOOR FITNESS EQUIPMENT
1	NEWCASTLE PARK 8050 S. Newcastle ADMINISTRATION BLDG.	16.2	5	X		X	X		X			X		X				
2	FITZGERALD PARK 83rd & Nashville	3.5		X		X			X					X				
3	MACARTHUR PARK 83rd & McVicker	6.3	3	X		X	X				X	X	X	X				
4	STEVENSON PARK/FUSION RECPLEX 6100 W. 85th St.	4.9		X	X	X	X				X	X	X			X	X	
5	HARR PARK 83rd & Laramie	9		X		X	X		X	1		X	X	X			X	X
6	RICE PARK 77th & Central	12	5			X	X		2	2	X	X	X	X				
7	LATROBE PARK 76th & Latrobe	.4		X		X			X									
8	NOTTINGHAM PARK 75th & Nottingham	3.4	1			X	X		X			X	X	X			X	X
9	COMMISSIONERS PARK 79th & Newland	6.8		X		X								X				
10	OWENS PARK 78th & LeClaire	.6		X		X	X						X					X
11	MICHAEL LOONEY PARK 77th & Narragansett (East)	28.9	5	X		X	X				X	X		X				
12	NARRAGANSETT PARK 77th & Narragansett (West) - Skate Park	9.9	X			X	X	X	2		X	X	X	X	X			

FACILITY PHONE NUMBERS

Newcastle Park
Recreation Center
8050 S. Newcastle
Burbank, IL 60459
Phone: (708) 599-2070

Burbank Park District Water Park
85th & State Road
Burbank, IL 60459
Phone: (708) 599-5832

WEBSITE: www.burbankparkdistrict.org

Fusion RecPlex
6100 W. 85th Street
Burbank, IL 60459
Phone: (708) 599-FUSE (3873)

YOUTH FACILITIES

- #3 Burbank Girls Fast Pitch
MacArthur Park
83rd & McVicker
- #6 Burbank American Little League
Rice Park
77th & Central
- #11 Burbank National Little League
Michael Looney Park
77th & Ridgeland
- #12 Titan Football Stadium
Narragansett Park
77th & Narragansett

Program Hotline 802-2441

Burbank Park District Program Registration

41

Last Name _____ (Adult) First Name _____
 Address _____ City _____ State _____ Zip _____
 Home Phone _____ Work/Emergency Phone _____
 Email Address _____ Birth Date _____ Check if moved in past 2 years

Participant First & Last Name	Birth Date	Age /Grade	Program Name	Class Code #	Fee
Total Fees					

PERSONS WITH DISABILITIES: The Park District makes reasonable accommodations for persons with disabilities to participate. Please specify any adaptive equipment, personnel or other accommodations you need to participate in a program for which you have registered.

Please read this form carefully and be aware that in signing up and participating in Burbank Park District programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms "I", "Me", and "My" also refer to parents or guardians as well as participants in the programs. In registering for these programs, you are agreeing as follows:

Waiver and Release for participants or/by parent

"As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs."

"I agree to waive and relinquish all claims I may have as a result of participating in the program against the Park District and its officers, agents, servants and employees."

"I do hereby fully release and discharge the Park District and its officers, agents, servants, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may accrue to me on account of my participation in the program."

"I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all losses sustained from injuries including, death, damages and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program."

I have read and fully understand the above Program Details and Waiver and Release of All Claims.

(All applications must be signed below)

I have carefully read the insurance liability waiver below and understand that my signature is required below in order for myself or my child/ward to participate in Burbank Park District Programs.

Signature of Participant or Parent/Guardian _____ Date: _____

<p>NOTE: Faxed registration must be paid by credit card. When registering by fax, it is mutually understood that the facsimile registration documents (including the waiver & release of all claims) shall substitute for and have the same legal effects as the original form.</p> <p>Please indicate your choice of payment: <input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover</p>	Card Number	<input type="text"/>
	Expiration Date	<input type="text"/> CVC Code* <input type="text"/> (*3 digit code on back of card)
_____ Signature of Credit Card Holder Required for Authorization		

Office Use Only	Prepared by: _____	Date: _____	Amount: _____
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5 Easy Ways To Register



Walk In

Fusion RecPlex
6100 W. 85th Street

Newcastle Recreation Center
8050 S. Newcastle



Mail In

Complete a registration form and mail the form with payment (please do not send cash) to:
Burbank Park District
Attn: Registration
6100 W. 85th Street
Burbank, IL 60459



Drop Off

Fusion RecPlex
6100 W. 85th Street

Newcastle Recreation Center
8050 S. Newcastle



Fax to (708) 599-2063

Complete a registration form and fax to (708) 599-2063.
Payment is made by credit card only.



Online Registration

Visit www.burbankparkdistrict.org to register for most programs.

Program Registration Begins

Burbank Residents Tues., September 3 - 9:00 a.m.-5:00 p.m.
Non-Residents..... Mon., September 9 - 9:00 a.m.-5:00 p.m.

Registration Information

1. Proof of residency will be required during registration for resident rates.
2. Due to the many offerings having limited space, waiting lists will be made to accommodate individuals.
3. Cancellation Policy — The Park District reserves the right to consolidate, postpone, reschedule or cancel any Park District program due to insufficient registration.
4. Refund Policy — If the Park District is forced to cancel a program, a refund will be given. No refunds will be granted after the first class meeting. No refunds will be given for trips. However, the individual may find a substitute. A \$5.00 administration fee will be assessed on voluntary program withdrawal before the first class.
5. NSF Charges — There is a \$25.00 service charge by the Park District on all returned checks. The amount of the check plus the service charge must be paid in CASH.
6. Whenever special materials, clothing or supplies are required for a class, do not make your purchases until you have confirmed the class has been filled and will begin as scheduled. You may confirm classes by calling the Park District Office at (708) 599-2070 four days in advance of the first class.
7. The Park District reserves the right to raise fees at anytime during a program if published fees are not meeting the program's costs. We also reserve the right to correct any fees that may have been put in the brochure by error.
8. Due to earlier starting dates on some programs listed, there will be a special registration to accommodate them.

*To check on programs, staff, commissioners, park facilities and other information, visit our website at www.burbankparkdistrict.org or contact our Program Hotline number at 708-802-2441.

Registration with Credit Card Payment

As you will see on the enclosed registration form, Visa and MasterCard are accepted for registration for recreation programs. The Park District staff has added credit card registration to provide another option for you to register. Credit cards can be utilized for mail-in, drop-off and walk-in registration, as well as faxed registration. Please read the following guidelines carefully before paying with a credit card so the Park District can continue to provide excellent service.

1. Completely fill out the registration form including all information in the credit card box. Forms will not be processed unless all items are completed.
2. Aside from the waiver signature, a second signature is also required when paying by credit card. This signature authorizes the Burbank Park District to utilize your card information. Please be sure to

provide your signature with the card information.

3. Faxed registration forms need to be completed in a dark pen to ensure a clear transmission. Please print clearly.
4. All faxed registrations will be registered in conjunction with other registrations received at the Park District office.

Mark Your Calendar!

We DO NOT send registration confirmations via email or regular postal mail. A representative from the Park District will contact you if there is a waitlist for the program for which you registered. Otherwise, you may assume your registration has been processed as requested. You can confirm your registration by calling the administration office at (708) 599-2070.

The Best Decorated House in Burbank

Is Christmas your favorite time of the year to decorate? Do you believe you have the best decorated house in Burbank? The judges will be looking at ground displays, roof displays, number of lights, color of lights. Call in registration required for this event. First and Second prize will receive donated gift certificates. Make sure all lights/decorations are on by 5:00 p.m.

Location: Burbank

CODE	DAYS	DATES	TIME	RES
342023	We	12/11	05:30P	Free

Judging pending weather condions
Call 708-599-2070 to register

Santa Calling

Santa Claus is coming to town and he will be calling some of the good little boys and girls in the area. Children ages 3-7 can receive a personal telephone call from Santa on Thursday, December 13. Registration forms for this free event will be available at the Park District offices. Calls will be made between the hours of 6:00 p.m. and 7:00 p.m. on Thursday, December 12. Forms will be available November 22.

*Make sure to write down the date and time ...
Santa has a busy schedule!!*



Breakfast With Santa

Join us as we enjoy a pancake breakfast and some holiday excitement with Santa. Every child attending will get to meet Santa and receive a special gift. Don't forget your camera!

Location: Fusion Recplex

CODE	DAYS	DATES	TIME	LIMIT	RES
342024	Sa	12/21	09:00A-10:15A	50/80	\$10 per child \$5 per adult (children under 2-Free)

NOTE: Children must be accompanied by a paid adult to participate in this event.





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BURBANK PARK DISTRICT 2013 Winterfest

Saturday, December 14th ■ Noon - 3:00 p.m.
Fusion RecPlex ■ 6100 W. 85th Street, Burbank



- Visits by Santa & Frosty
- Holiday Show
- Horse Drawn Sleigh Rides
- Holiday Face Painting
- Holiday Games
- Refreshments
- Queen of Peace Chamber Singers
- Magic Show
- Pictures With Santa (Bring your camera)
- Petting Zoo
- Burbank Park District Dance Show