REGISTRATION BY 1/12 TO RECEIVE YOUR DISCOUNTED PRICE!!

Burbank Park District's Frosty 5K Run

January 19, 2019
9:00 a.m. - Start
Newcastle Park

Olive Garden Italian Restaurant

Thanks to our sponsors:
Olive Garden Italian Restaurant
City of Burbank
Burbank Sports

Burbank, Illinois 60459
8050 Newcastle Ave.

Start: At intersection of 81st & Oak Park, 25' 10" south of stop sign at NW corner. 26' N of telephone pole at SW corner.

1 MILE: At sidewalk to 6145 - 81st and 6146 - 81st. 8' 8" E of snow route sign.

2 MILE: By school at middle of driveway. 6340 85th, 12' E of telephone pole F 60 S.P.P.

3 MILE: At driveway 6740 - 81st, 9' 6" east of the mailbox.

Finish: At stop sign at S exit of Burbank Park District parking lot. 13' 4" W of west edge at Newcastle.

1 MILE WALK: Will begin at the starting line, reach the half mile mark and end at the finish line.

Thanks to our sponsors:
Olive Garden Italian Restaurant
City of Burbank
Burbank Sports
Race Information

Date & Start Time
Date: Saturday, January 19, 2019
Time: 9:00 a.m. Start

Entry Fees
Walkers……$20.00 by January 12
$25.00 after January 12
Runners……$25.00 by January 12
$30.00 after January 12

Age Divisions
0 - 9, 10 - 14, 15 - 19, 20 - 29, 30 - 39,
40 - 49, 50 - 59, 60 - 69, 70 & Over

Course Location
8050 Newcastle Ave., Burbank
The race will begin at 81st & Oak Park Ave. (1 block east of the Newcastle Rec. Center) in Burbank and will end at the entrance to the Newcastle Rec. Center Parking Lot.

Registration
Register online with a credit card at www.burbankparkdistrict.org. Mail-in or walk-in registration will be accepted at both Burbank Park District offices, the Newcastle Rec. Center at 8050 S. Newcastle, Burbank or the Fusion RecPlex at 6100 W. 85th St., Burbank. Payment must be in the form of either cash or check. Make checks payable to the Burbank Park District.

Race Day Registration
We will take registration the day of the event from 7:30 - 8:45 a.m. at the Burbank Park District’s office, located inside the Newcastle Rec. Center at 8050 Newcastle Ave. (4 blocks east of Harlem)

Race Information

Packet Pick-Up
Pre-registered runners and walkers may pick up their packet beginning January 17th. Packets will only be available at the Newcastle Rec. Center location.

USATF Certified
The Frosty 5K Run is USATF Certified. #IL-16101-NM

Awards & T-Shirts
Awards will be presented to the 1st and 2nd place male and female winners in each age category. In addition, the overall male and female winners will also receive awards. A long-sleeved t-shirt will be given to all participants.

Raffle
There will be a free raffle for all participants following the race/walk. Participants are entered in to the raffle automatically. Be sure to stick around, you must be present to win.

Refreshments
An assortment of beverages, fresh fruit and baked goods will be provided for your enjoyment by our generous sponsors.

Newcastle Registration Office Hours
Monday - Friday: 9:00 a.m. - 5:00 p.m.
Saturday: 9:00 a.m. - Noon

More Information
For more information concerning the run/walk or for directions to the race, please call (708)599-2070. Or visit us at www.burbankparkdistrict.org

Official Entry Form

*Mail or drop off entry form to:
Burbank Park District
8050 Newcastle Ave., Burbank, IL 60459

Age Categories
0 - 9 10 - 14 15 - 19
20 - 29 30 - 39 40 - 49
50 - 59 60 - 69 70 & Over

Race (circle one) Gender (circle one)
5K run walk male female

T-Shirt Size (circle one)
YL AS M L XL XXL

Name

Address

City State Zip Code

Day Phone# DOB Age

Email Address

Burbank Park District Waiver & Release Of All Claims
Please read this form carefully and be aware that in signing up and participating in this program, you will be waiving and releasing all claims for injuries, arising out of this program, that you might sustain.

“As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs.

“I agree to waive and relinquish all claims I may have as a result or participating in the program against the Park District and its officers, agents, servants and employees.

“I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all claims from injuries, including death, damages or loss which I may have or which may accrue to me on account of my participation in the program.

I have read and fully understand the above Program Details and Waiver and Release of All Claims.

Signature Date