

START: At intersection of 81st & Oak Park. 25' 10" south of stop sign at NW corner. 26' N of telephone pole at SW corner.

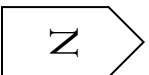
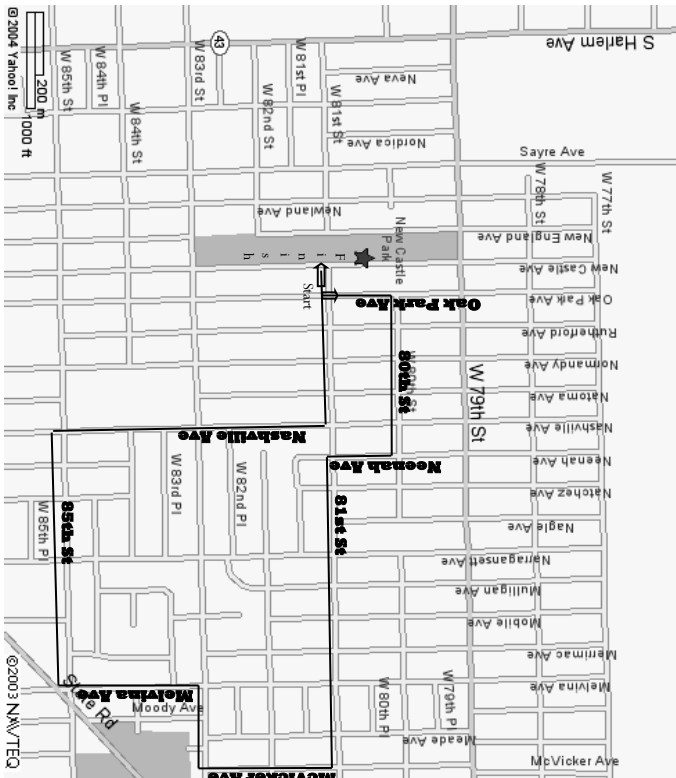
1 MILE: At sidewalk to 6145 - 81st and 6146 - 81st. 8' 8" E of snow route sign.

2 MILE: By school at middle of driveway. 6340 - 88th, 12' E of telephone pole F 6051.F.

3 MILE: At driveway 6740 - 81st, 9' 6" east of the mailbox.

FINISH: At stop sign at S exit of Burbank Park District parking lot. 13' 4" W of west edge at Newcastle.

1 MILE WALK: Will begin at the starting line, reach the half mile mark and end at the finish line.



BURBANK PARK DISTRICT'S FROSTY 5K RUN 1 MILE WALK



**JANUARY 16, 2021
9:00 A.M. - START
NEWCASTLE PARK**



COVID-19 RACE GUIDELINES

TO ENSURE THE SAFETY OF EVERYBODY INVOLVED WITH THE RACE, NUMEROUS ADJUSTMENTS WILL BE MADE FOR RACE DAY. THOSE WILL INCLUDE, BUT NOT LIMITED TO, A STAGGERED/SOCIALY DISTANCED START LINE, NO INDOOR AWARDS AFTER THE RACE, LIMITED PREPACKAGED REFRESHMENTS AVAILABLE OUTSIDE AFTER THE RACE, AND NO CONGREGATING INDOORS BEFORE AND AFTER THE RACE.

**Burbank Park District
8050 Newcastle Ave.
Burbank, Illinois 60459**

Race Information

Date & Start Time

Date: Saturday, January 16, 2021

Time: 9:00 a.m. Start

Entry Fees

Walkers..... \$20.00 by January 9
\$25.00 after January 9

Runners..... \$25.00 by January 9
\$30.00 after January 9

Age Divisions

0 - 9, 10 - 14, 15 - 19, 20 - 29, 30 - 39,
40 - 49, 50 - 59, 60 - 69, 70 - 79, 80+

Course Location

8050 Newcastle Ave., Burbank
The race will begin at 81st & Oak Park Ave. (1 block east of the Newcastle Rec. Center) in Burbank and will end at the entrance to the Newcastle Rec. Center Parking Lot.

Registration

Register online with a credit card at www.burbankparkdistrict.org. Mail-in or walk-in registration will be accepted at both Burbank Park District offices, the Newcastle Rec. Center at 8050 S. Newcastle, Burbank or the Fusion RecPlex at 6100 W. 85th St., Burbank. Payment must be in the form of either cash or check. **Make checks payable to the Burbank Park District.** Credit card payments are also accepted if registering in-person.

Race Day Registration

We will take registration the day of the event from 7:30 - 8:45 a.m. at the Burbank Park District's office, located inside the Newcastle Rec. Center at 8050 Newcastle Ave. (4 blocks east of Harlem)

Race Information

Packet Pick-Up

Pre-registered runners and walkers will be notified via-email when race packets will be available for pick-up. **Packets will only be available at the Newcastle Rec. Center location.**

USATF Certified

The Frosty 5K Run is USATF Certified.
#IL-16101-NM

Awards & T-Shirts

Awards will be presented to the 1st and 2nd place male and female winners in each age category. In addition, the overall male and female winners will also receive awards. No indoor awards will be held this year with the Covid-19 Pandemic. Awards can be picked up starting on January 18th at the Newcastle Recreation Center. **A long-sleeved t-shirt will be guaranteed to all participants that register by January 6th.**

Refreshments

Limited prepackaged refreshments will be available outside after the race.

Newcastle Registration Office Hours

Mon., Wed. & Fri.: 10:00 am - 2:00 pm
Saturday: 8:30 am - 12:30 pm

More Information

For more information concerning the run/walk or for directions to the race, please call (708)599-2070, or email Newcastle@burbankparkdistrict.org. You can also visit us on our website at www.burbankparkdistrict.org.

Frosty 5K Run / 1 Mile Walk Official Entry Form

*Mail or drop off entry form to:

Burbank Park District

8050 Newcastle Ave., Burbank, IL 60459

Age Categories

0 - 9 _____ 10 - 14 _____ 15 - 19 _____
20 - 29 _____ 30 - 39 _____ 40 - 49 _____
50 - 59 _____ 60 - 69 _____ 70 - 79 _____
80 & Over _____

Race (circle one)

5K run walk

Gender (circle one)

male female

T-Shirt Size (circle one)

YL AS M L XL XXL

Name

Address

City

State

Zip Code

Day Phone#

DOB

Age

Email Address

Burbank Park District Waiver & Release Of All Claims

Please read this form carefully and be aware that in signing up and participating in this program, you will be waiving and releasing all claims for injuries, arising out of this program, that you might sustain.

"As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs."

"I agree to waive and relinquish all claims I may have as a result of participating in the program against the Park District and its officers, agents, servants and employees."

"I do hereby fully release and discharge the Park District and its officers, agents, servants, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may accrue to me on account of my participation in the program."

"I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all losses sustained from injuries including, death, damages and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program."

I have read and full understand the above Program Details and Waiver and Release of All Claims.

Signature

Date